Recovery of baroreflex control of renal sympathetic nerve activity after spinal lesions in the rat

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Zahner MR, Kulikowicz E, Schramm LP. Recovery of baroreflex control of renal sympathetic nerve activity after spinal lesions in the rat. Am J Physiol Integr Comp Physiol 301: R1584–R1590, 2011. First published September 7, 2011; doi:10.1152/ajpregu.00295.2011.—Spinal cord injury (SCI) has serious long-term consequences on sympathetic cardiovascular regulation. Orthostatic intolerance results from insufficient baroreflex regulation (BR) of sympathetic outflow to maintain proper blood pressure upon postural changes. Autonomic dysreflexia occurs due to insufficient inhibition of spinal sources of sympathetic activity. Both of these conditions result from the inability to control sympathetic activity caudal to SCI. It is well established that limited motor ability recovers after incomplete SCI. Therefore, the goal of this study was to determine whether recovery of BR occurs after chronic, left thoracic spinal cord hemisection at either T3 or T8. Baroreflex tests were performed in rats by measuring the reflex response of left (ipsilateral) renal sympathetic nerve activity to decreases and increases in arterial pressure produced by ramped infusions of sodium nitroprusside and phenylephrine, respectively. One week after a T3 left hemisection, BR function was modestly impaired. However, 8 wk after a T3 left hemisection, BR function was normal. One week after a T8 left hemisection, BR function was significantly impaired, and 8 wk after a T8 left hemisection, BR function was significantly improved. These results indicate that BR of renal sympathetic nerve activity in rats may partially recover after spinal cord hemisections, becoming normal by 8 wk after a T3 lesion, but not after a T8 lesion. The nature of the spinal cord and/or brain stem reorganization that mediates this recovery remains to be determined.

cardiovascular regulation; spinal cord injury; baroreflex; orthostatic hypotension; autonomic dysreflexia

CARDIOVASCULAR DYSREGULATION after spinal cord injury (SCI) manifests itself as both orthostatic hypotension (1, 6, 18, 22, 32) and autonomic dysreflexia with hypertensive crisis (13, 18, 23, 27, 33, 34). Orthostatic hypotension, following SCI, is caused by insufficient sympathetic outflow to maintain proper arterial pressure (AP) upon postural changes (1, 6, 18, 22, 32). Autonomic dysreflexia results from diminished suppression of spinally generated sympathetic activity caudal to the SCI site (13, 18, 23, 27, 33, 34).

The principal mechanism for the short-term stability of AP is the arterial baroreceptor modulation of sympathetic and parasympathetic activity (10, 15). After SCI, the destruction of descending excitatory pathways from medullary and supramedullary sites reduces or eliminates the drive to sympathetic preganglionic neurons (SPN) necessary to maintain sufficient reflex control of AP. In addition to the dizziness, nausea, and fatigue, caused by severe hypotension (7, 18), another complication of orthostatic intolerance is the inability to participate fully in rehabilitation, thereby impeding recovery (17). Additionally, the loss of tonic, descending, baroreflex regulation (BR)-dependent, inhibitory systems that suppress ongoing spinally generated sympathetic activity may increase activity of SPN. This can result in autonomic dysreflexia and potentially hypertensive crisis.

Regeneration of injured central nervous system neurons is severely limited. Nevertheless, over time, animals regain some degree of motor ability after incomplete spinal lesions (3, 8, 14, 26, 35). The mechanisms responsible for this partial restoration of function are not fully known. That the degree of recovery depends on the extent of spared descending axons is clear. Recovery is also attributed to collateral sprouting and reorganization of descending and propriospinal connections. Indeed, significant structural reorganization and increased axonal connections of the corticospinal tract (CST) axons have been observed after spinal lesions in rats and mice (3, 8, 14, 30).

Within 1 wk after spinal hemisection or complete spinal transection in the rat, atrophy of SPN occurs (19, 21). However, within 1 mo after these lesions, the SPN appear morphologically restored (19). The time course of the initial lesion-induced hypotension, followed by the onset of autonomic dysreflexia, correlates with the implied reduction and restoration, respectively, of inputs to SPN (20). Thus reduction of spinal cord connections following SCI may contribute to aberrant cardiovascular regulation. Although the morphology of the SPN caudal to the spinal lesion recovers, the extent of the recovery of descending bulospinal connections to the SPN for proper BR of sympathetic activity is not known.

While progress in understanding mechanisms mediating the restoration of motor and sensory function has been made, far less is known regarding restoration of sympathetic control after SCI. The objective of this study was to determine whether baroreflex function improved after chronic ipsilateral hemisection in rats and whether the extent of recovery depended on the rostrocaudal location of the lesion. To do this, we measured BR responsiveness of left renal sympathetic nerve activity (RSNA) in rats 1 or 8 wk after either a T3 or T8 left hemisection or sham lesion.

METHODS

Adult, female, Sprague-Dawley rats (Charles River, Raleigh, NC), weighing between 125 and 350 g, were surgically prepared in accordance with the Guide for the Care and Use of Laboratory Animals (National Research Council, 1996) using procedures approved by the Johns Hopkins University Committee on Animal Care and Use.

Chronic spinal lesions and surgical preparations. For chronic lesion experiments, we anesthetized rats, first in a plastic chamber, and then with a nose cone, using 2% isoflurane in O2. Before chronic

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spinal cord hemisection surgery, we cleaned the dorsal surface of the rat with betadine. We made a 2-cm cutaneous incision centered on the vertebrae overlying the site of the intended lesion (T6 or T8). The T1 spinal level underlies the T2 vertebrae, and the T5 spinal level underlies the T4 and T3 vertebrae. We used a small retractor to maintain a clear surgical field. We removed the paraspinous muscles from the dorsal surface of the exposed vertebrae using a septal elevator. After the dorsal surfaces of the vertebrae were free of muscle and connective tissue, we removed the dorsal portion of the vertebra of choice using a microrongue to access the underlying spinal segment. We opened the dura with dura scissors, and cut the left hemisphere of the spinal cord with a 1-mm sapphire blade microknife (World Precision Instruments, Sarasota, FL). We closed the dorsal musculature and skin with sterile sutures. We used an identical technique for sham-lesioned rats, except that we did not open the dura. We manually expressed rat’s bladders, when necessary, following the surgery. We monitored food and water intake daily, and saline was administered subcutaneously as needed.

For acute baroreflex experiments, we initially anesthetized rats with isoflurane, as previously described. We discontinued isoflurane after administration of α-chloralose (100 mg/kg iv, Sigma) via a left jugular cannula. This cannula was also used to administer gallamine triethiodide (see below). We maintained the depth of anesthesia at a surgical plane by supplemental doses of α-chloralose (25 mg/kg). We determined the depth of anesthesia either by corneal reflexes before and during the recovery from paralysis, or by the variability of RSNA and AP when rats were paralyzed. We monitored body temperature with a rectal probe and maintained it between 35 and 37°C with a heating pad and lamp. We cannulated the trachea for mechanical ventilation using a rodent ventilator (CWE, Ardmore, PA). We cannulated the right femoral veins for the separate administration of depressor and isoflurane, as previously described. We discontinued isoflurane after administration of the vasodilator sodium nitroprusside (SNP, 50 μg/ml) and the α-adrenergic agonist phenylephrine (PE, 125 μg/ml), respectively, in successive ramped infusions. We administered SNP first, beginning at a rate of 2.5 ml/h and increasing the rate by 2.5 ml/h every 30 s until an AP of 60 mmHg below baseline or a maximum rate of 25 ml/h was reached. Following SNP administration, we administered PE beginning at a rate of 2.5 ml/h and increasing the rate by 2.5 ml/h every 30 s. These infusions produced an approximately linear increase in AP from 60 mmHg below baseline AP to 60 mmHg above baseline AP at a rate of ~1.5 mmHg/s. We analyzed the RSNA from the SNP-induced nadir (60 mmHg below baseline) in AP to the PE-induced peak AP (60 mmHg above baseline). We fit baroreflex function curves to a sigmoidal function (24). We used the maximum slope of the sigmoidal curves as our measurement of the gain of the baroreflex.

**Histology.** At the end of experiments, we perfused rats transcardially with buffered saline (pH 7.4), followed by 4% buffered paraformaldehyde (pH 7.4). We removed spinal cords and postfixed them in formaldehyde solution overnight. After cryoprotection in 30% sucrose for 48 h, we cut 40-μm serial, horizontal sections on a sliding microtome and mounted them on gelatin-coated glass slides. We examined lesions microscopically to verify the completeness of the hemisections (Fig. 1).

**Data analysis.** We fit each RSNA response to changes in AP to a sigmoidal or linear function using Prism software (Graphpad, version 4.0). The sigmoidal function was described by the following equation:

$$Y = A_1 / \left(1 + \exp\left(A_2(X - A_3)\right)\right) + A_4$$

where $y$ is the RSNA, $x$ is AP, $A_1$ is the range of RSNA, $A_2$ is the gain coefficient, $A_3$ is the value of $x$ at the midpoint, and $A_4$ is the minimum RSNA of the reflex curve (24). For one rat, a linear function was best fit to the BR function curve. We calculated the maximum gain and change in RSNA according to each fitted curve.

To construct grouped baroreflex curves, we averaged AP and corresponding RSNA data into 10-mmHg bins. To account for variations in baseline AP, we used the change from baseline as the reference for the AP bins when constructing the baroreflex curves. For the baroreflex curves, the data are expressed as mean change in AP (in mmHg) from baseline and the percent change (%Δ) in RSNA. Stable plateau values were determined when RSNA for a particular 10-mmHg AP bin did not vary by >5% from the previous RSNA value in that 10-mmHg AP bin. For the maximum RSNA plateau, this typically occurred at ~50 mmHg, and for the minimum RSNA plateau at 30 mmHg. The grouped data are expressed as means ± SE. Statistical analyses employed one-way ANOVA (with Tukey’s post-tests). Values of $P < 0.05$ were considered significant.
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RESULTS

Baroreflex function after chronic T8 left spinal hemisection.
In sham-lesioned rats (n = 10), mean baseline AP was 132 ± 4 mmHg, and mean HR was 470 ± 10 beats/min. In rats with T8 left hemisection (n = 9), 1 wk after lesion the mean baseline AP was 115 ± 4 mmHg and significantly reduced (P < 0.05) compared with that of sham-lesioned rats. However, HR was not significantly affected by these lesions (473 ± 16 beats/min). In another group of rats with T8 left hemisection, 8 wk after lesion, neither the mean baseline AP (124 ± 3 mmHg, n = 9) nor the mean baseline HR (411 ± 17 beats/min) was significantly different from that of sham-lesioned rats.

Representative tracings of baseline AP, ongoing RSNA, and baroreflex responses in a sham-lesioned rat and in T8 left-hemisected rats after either 1 or 8 wk are shown in Fig. 2. The ability to increase RSNA upon decreased AP was significantly impaired in both groups (Fig. 3, A and C, P < 0.05). In sham-lesioned rats, a 60-mmHg decrease in AP increased RSNA to a maximum plateau of 170 ± 11% of baseline RSNA. One week after a T8 left hemisection, a 60-mmHg decrease in AP produced an increase in RSNA to a maximum plateau of 119 ± 9% of baseline RSNA. In the group of rats in which BR testing was performed 8 wk after T8 left hemisection, the ability to increase RSNA at decreased AP had not changed, the ability to decrease RSNA at elevated AP had improved.

One week after a T8 left hemisection, the maximum gain of the BR was significantly decreased compared with that of the sham-lesion rats and did not improve after 8 wk (Fig. 3B). In sham-lesion rats, the mean maximum BR gain was −3.7 ± 0.4% ∆RSNA/∆AP. In the group of rats in which BR tests were performed 1 wk after T8 left hemisection, the mean maximum BR gain was −1.4 ± 0.2% ∆RSNA/∆AP, and in the group of rats in which BR tests were performed 8 wk after T8 left hemisection, the mean maximum BR gain was −2.3 ± 0.4% ∆RSNA/∆AP.

Baroreflex function after chronic T3 left spinal hemisection.
In rats with T3 left hemisection (n = 10), 1 wk after lesion, the mean baseline AP was 118 ± 4 mmHg, not significantly different compared with that of sham-lesioned rats (132 ± 4 mmHg, P > 0.05). HR was not significantly affected by these lesions (482 ± 20 beats/min). In another group of rats with T3 left hemisection, 8 wk after lesion, neither the mean baseline AP (125 ± 6 mmHg, n = 9) nor the mean baseline HR (471 ± 24 beats/min) was significantly different from that of sham-lesioned rats.

Representative tracings of baseline AP, ongoing RSNA, and baroreflex responses in a sham-lesioned rat and in T3 left-hemisected rats after either 1 or 8 wk are shown in Fig. 4. The ability to increase RSNA upon decreased AP was significantly impaired in the group of rats in which BR testing was performed 8 wk after T3 left hemisection compared with that of baseline RSNA, not significantly different from that of sham-lesion rats (26 ± 3%, P > 0.05). Thus, although 8 wk after T8 left hemisection the ability to increase RSNA at decreased AP had improved.

Fig. 2. Representative tracings from rats in which baroreflex regulation (BR) testing was performed after either sham lesion, 1 wk following T8 left hemisection, or 8 wk following a T8 left hemisection. Tracings show the baseline arterial pressure (AP), left renal sympathetic nerve activity (RSNA), and the BR response in RSNA. Changes in AP for BR were induced by intravenous infusion of sodium nitroprusside (SNP) and phenylephrine (PE). Dashed boxes indicate the corresponding AP and RSNA used for baroreflex quantification. Scale bar = 30 s.
performed 1 wk after T3 left hemisection, compared with responses in sham-lesioned rats (Fig. 5, A and C, P < 0.05). One week after a T3 left hemisection, a 60-mmHg decrease in AP produced an increase in RSNA to a maximum plateau of 132 ± 8% of baseline RSNA. Eight weeks after a T3 left hemisection, the ability to increase RSNA upon decreases in AP had improved. In this group of rats, a 60-mmHg decrease in AP produced an increase in RSNA to a maximum plateau of 169 ± 14% and was not significantly different from that of the sham-lesioned rats (170 ± 11%, P > 0.05).

The ability to decrease RSNA upon increases in AP was significantly impaired in rats in which BR tests were performed 1 wk, but not 8 wk, after T3 left hemisection compared with that of sham-lesioned rats (Fig. 5, A and D, P < 0.05). One

Fig. 3. Grouped data showing the effect of T3 left hemisection (or sham lesion, n = 10) after either 1 wk (n = 9) or 8 wk (n = 9) on baroreflex relationship on left RSNA (A), maximal gain of the baroreflex response (B), maximum plateau of RSNA during baroreflex testing (C), and minimum plateau of RSNA during baroreflex testing (D). The RSNA responses were measured as percent change (%Δ) from the respective baseline RSNA before baroreflex testing. Values are means ± SE. *Significantly different from control, P < 0.05.
A week after a T3 left hemisection, a 60-mmHg increase in AP decreased RSNA to a minimum plateau of 53 ± 7% of baseline RSNA. In the group of rats in which BR testing was performed 8 wk after T3 left hemisection, a 60-mmHg increase in AP decreased RSNA to a minimum plateau of 37 ± 8% of baseline RSNA and was not significantly different from that of sham-lesion rats (26 ± 3%, P > 0.05). Thus 8 wk after T3 left hemisection, the ability to both increase RSNA at decreased AP and the ability to decrease RSNA at elevated AP had improved.

One week after a T3 left hemisection, the maximum gain of the BR was significantly decreased compared with that of the sham-lesion rats and had significantly improved after 8 wk (Fig. 5B). In the group of rats in which BR tests were performed 1 wk after T3 left hemisection, the mean maximum BR gain was $-2.0 \pm 0.3\% \Delta RSNA/\Delta AP$, and this was significantly decreased compared with that of sham-lesioned rats ($-3.7 \pm 0.4\% \Delta RSNA/\Delta AP$, P < 0.05). In the group of rats in which BR tests were performed 8 wk after T3 left hemisection, the mean maximum BR gain was $-3.5 \pm 0.3\% \Delta RSNA/\Delta AP$ and significantly ($P < 0.05$) greater than mean BR gain of rats 1 wk after T3 left hemisection.

DISCUSSION

In this study, we show that recovery of BR function after chronic spinal cord lesions occurs in the rat, and that the degree of recovery depends on both the recovery time and the rostro-caudal location of the lesion. We observed modest BR impairment in rats 1 wk after an upper thoracic (T3) left hemisection and complete recovery in rats 8 wk after this lesion. In rats with midthoracic (T8) hemisection, BR was profoundly impaired after 1 wk and modestly, yet significantly, improved after 8 wk.

Thus this study provides important new physiological data to show that, similar to motor and sensory function, sympathetic cardiovascular control of AP also has the potential to improve after SCI.

The spontaneous recovery of sensory and motor function after SCI has been well documented in the rat and mouse (2, 3, 8, 14, 35). After spinal transection in the rat, the CST collateralizes extensively (3, 11, 16, 28, 35). Restoration of function is attributed not only to this neuronal sprouting, but also to the reorganization of new and spared spinal connections, leading to “rerouting” of pathways (3, 8, 31). For example, 1 wk after spinal hemisection, ipsilateral retrograde labeling of spinally projecting brain stem neurons is significantly diminished. However, after 10 wk, brain stem labeling was completely restored, and propriospinal labeling was increased (8). The restoration of brain stem labeling was attributed to the reorganization of long and short propriospinal connections. Hindlimb electromyograph recordings in the rat showed a restoration of cortical stimulated activity 12 wk after a CST lesion (3). New contacts of sprouting CST axons onto long descending propriospinal neurons in the upper cervical spinal cord are thought to bridge across the lesion site, thereby improving motor function (3, 8, 9).

In this study, we measured the BR responsiveness of left RSNA after a mid- or upper thoracic left hemisection. Thus we refer to the left spinal pathways as "ipsilateral". In rats with these lesions, BR modulation of sympathetic activity after spinal hemisection was derived in one of two possible ways. The first is via descending contralateral (right-sided) axons that cross the midline caudal to the hemisection. The second possible way is via collaterals of descending ipsilateral axons that cross the midline rostral to the hemisection to synapse on
contralateral neurons, or synaptic antecedents to SPN. These axons then recross the midline caudal to the hemisection to synapse on SPN. Our laboratory has previously shown that the pathways responsible for BR-induced increases in RSNA at reduced AP descend bilaterally, and the pathways responsible for BR-independent, tonic inhibition of ongoing spinaly generated sympathetic activity mainly descend ipsilaterally (36). In that study, we found that, after an acute T8 left hemisection, rats retained the ability to increase left RSNA upon decreases in AP. However, we also found that the ability to decrease RSNA at elevated AP was attenuated, and that this was due to reduced descending tonic inhibition of ongoing, spinaly generated RSNA.

One week after a T8 left hemisection, BR-induced increases in RSNA were profoundly impaired and did not significantly improve even after 8 wk. Thus, although in the previous study acute left hemisection at T8 did not significantly affect increases in RSNA at decreased AP, we now show that the BR-mediated increases in RSNA at low AP apparently deterio- rate within the first week following the lesion, and after 8 wk the BR-mediated increase in RSNA remains attenuated.

We also observed modest impairment of the BR regulation of RSNA 1 wk after a T6 left hemisection and, in this case, full recovery after 8 wk. Although we have previously shown in rats with acute spinal lesions that the pathways responsible for the tonic inhibition of spinal sympathetic activity are primarily ipsilateral, data from the present experiments provide evidence that contralateral pathways responsible for descending inhibition, as well as descending excitation exist, and that these pathways cross the cord caudal to T8.

Anatomic data suggest that neurons in the rostroventrolateral medulla (RVLM) project bilaterally to the intermediolateral cell column of the spinal cord with an ipsilateral predominance (4, 25), and crossing occurs mainly at the level of the spinal cord (29). However, whereas pathways from RVLM to the superior cervical ganglion cells are bilateral, pathways to adrenal medulla are ipsilateral (4, 25). Although histological data suggest distinct differences in laterality, glutamate microinjection into the RVLM elicits identical adrenal nerve and superior cervical nerve responses, regardless of laterality, and this is attributed to the likelihood that the pathways are polyn- synaptic (25). While pharmacological activation of the brain stem nuclei and transynaptic tracer studies provides solid evidence that networks of crossing axons for the regulation of sympathetic activity exist, it does not necessarily prove that the pathways are of functional significance in the intact rat.

Acute T8 left hemisection has been shown to disinhibit tonic, spinaly generated RSNA (36), and we now show that this impairment persists for at least 1 wk after a T8 lesion. However, because we also observed significantly improved inhibition of RSNA at increased AP in rats 8 wk after T8 left hemisection, crossed inhibitory pathways may descend in the intact spinal cord below T8, but their effect is too weak to significantly suppress the ongoing, contralateral, spinaly generated sympathetic activity. Thus the improvement of inhibition of RSNA at elevated AP 8 wk after T8 left hemisection may be mediated by a strengthening of existing descending inhibitory pathways that are, indeed, bilateral and cross the spinal cord caudal to the lesion. Another, less likely explanation for the improvement in the ability to suppress spinal activity is that descending, ipsilateral axons cross and create new synapses on contralateral interneurons located rostral to the hemisection. The axons of these interneurons could then recross the spinal cord caudal to the hemisection to affect ipsilateral RSNA.

Although descending, sympathoexcitatory RVLM pathways are bilateral, and we have shown that the BR-induced excita- tion of RSNA at reduced AP is mediated bilaterally as well, the organization of pathways involved in descending inhibition of tonic spinaly generated sympathetic activity (and, therefore, the level of sympathetic inhibition experienced at elevated AP) is not well known. Because our laboratory has previously shown that acute, contralateral hemisections (right side) fail to affect the overall changes in left RSNA upon changes in AP (36), the crossing axons likely play a minor role in BR-mediated maximum increases and decreases in RSNA in the intact rat. Thus contralateral descending inhibitory pathways are most likely present before spinal injury, although the contribution to sympathetic regulation is significant only after impairment of the main ipsilateral pathway.

**Perspectives and Significance**

This study suggests that partial recovery of sympathetically regulated cardiovascular function is possible after SCI. Although modest improvement of motor and sensory function has been shown in rats and mice, data on the extent of, or even the possibility of, recovery of cardiovascular regulation are limited. The locations of spinal cord lesions have a direct conse- quence on the severity of orthostatic hypotension and/or autono- mous dysreflexia after SCI (12). Thus this study provides important new physiological information showing that, like somatotumor and somatosensory systems, plasticity of spinal sympathetic systems also exists. It will be important to develop treatments that can augment the plasticity of sympathetic systems. Additionally, it will also be important to determine whether treatments already shown to improve somatomotor and somatosensory function also improve the recovery of sympathetic cardiovascular function after SCI.

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**DISCLOSURES**

No conflicts of interest, financial or otherwise, are declared by the author(s).

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