Protective role of testosterone in ischemia-reperfusion-induced acute kidney injury

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Submitted 3 August 2012; accepted in final form 25 March 2013

Acute kidney injury (AKI) is thought to affect ~2–5% of all hospitalized individuals in the United States (31a), and the mortality rates are as high as 80% (5, 11, 31). Aging increases both the incidence and the mortality rates due to AKI in both men and women. Despite the importance of the problem, the mechanisms responsible for AKI have not been completely elucidated.

The incidence of acute renal failure in surgical patients is significantly higher in men than women (8, 16, 20). Animal studies have also reported sex differences in the adverse effects of ischemia reperfusion (I/R) of the kidney with males being more susceptible than females (18, 21). The mechanisms responsible for the sex differences in AKI in humans and the sex differences in animals are not clear.

Reductions in serum testosterone in men have been shown in numerous studies to occur with chronic disease, such as heart disease, obesity, hypertension, and renal disease (2, 13, 15, 24). The association of reduction in testosterone with increased cardiovascular disease has lead investigators to suggest that it is the reduction in testosterone that may contribute to chronic disease states rather than that the chronic disease is the cause of the reduction in circulating testosterone levels (15). There is also evidence that acute conditions may reduce anrogen levels. For example, Pugh et al. (23) and Tripathi and Hegde (30) reported that serum androgen levels fell acutely following myocardial infarction (MI) in men. In fact, Militaru et al. (17) found that the level of testosterone on admission for MI had a positive correlation with the short-term mortality in men. There is also suppression of testosterone levels following acute traumatic brain injury (32, 33). In addition, in animal studies, intraperitoneal injection of LPS (a model of sepsis) caused a significant reduction in serum testosterone levels in male rats (26). Finally, and most importantly for the present studies, Robert et al. (27) found that renal I/R in rats resulted in reductions in testosterone levels at 1 and 5 days after reperfusion. However, whether the reduction in androgens is a consequence of I/R or plays a role in mediating injury associated with renal I/R is not clear.

The present studies were designed to evaluate the role played by testosterone in response to I/R of the kidney in male rats. The hypothesis tested was that I/R of the kidney in male rats results in reductions in serum testosterone, and infusion of testosterone 3 h after reperfusion attenuates renal injury.

METHODS

Animals. Male Sprague-Dawley rats, aged 11–12 wk (350–370 g), were obtained from the vendor (Harlan Sprague Dawley, Indianapolis, IN) and allowed to equilibrate in a temperature-controlled environment with 12:12-h light-dark cycle for at least 1 wk. Rats were allowed ad libitum access to rat chow (Teklad 1% NaCl) and tap water. All procedures were approved by the Animal Care and Use Committee of the University of Mississippi Medical Center and followed the Guidelines for the Care and Use of Laboratory Animals, 2011 edition. Rats were placed into several groups depending on the experiment. In experiment 1, we examined the effect of I/R on serum testosterone and the effect of testosterone supplement on I/R injury: intact sham, intact sham + testosterone propionate, intact rats with renal I/R, intact rats with I/R + testosterone supplement (n = 5 or 6/group). In experiment 2, we investigated the effect of castration or supplemental testosterone on I/R injury: intact sham, intact with renal I/R, castrated rats with I/R, castrated rat with I/R and testosterone supplement (n = 5 or 6/group). In experiment 3, we explored the role of conversion to estradiol in mediating the attenuation of renal I/R injury.
with testosterone propionate: sham, rats with I/R injury, rats with I/R injury treated with testosterone, rats with I/R injury treated with anastrozole, aromatase inhibitor, and rats with I/R injury treated with anastrozole and testosterone (n = 5 or 6/group).

Renal I/R-AKI. Under isoflurane anesthesia, an abdominal incision was made, and the renal pedicles on both kidneys were bilaterally occluded with a microvascular clamp (bulldog) for 40 min. The temperature of the animal was maintained during the procedure within 35.5–37°C, as monitored by a rectal probe. At 40 min, both clamps were removed, and blood flow to the kidneys was reestablished. The surgical incision was sutured, and rats were allowed to recover with free access to food and water. Analgesia, using buprenorphine (Sigma Aldrich, St. Louis, MO; 0.01 mg/kg sc), was given following recovery from anesthesia. During the first 24 h following the procedure, animals were placed in metabolic cages for urine collection. Urine samples were stored at −80°C for kidney injury molecule-1 (KIM-1) and protein excretion. Blood samples from the jugular vein were drawn at 24 h after the procedure to evaluate serum creatinine.

Renal hemodynamics. Two days after inducing AKI, some animals were anesthetized again with isoflurane, and placed laterally, exposing the left lumbar area. An incision was made on the left side, and the left kidney was isolated from the perirenal fat, and stabilized on a special plastic holder. A laser-Doppler probe (Transonic Systems, Ithaca, NY) attached to a BLF-21D laser-Doppler flow meter (Transonic Systems) was inserted into the kidney to a depth of 4–5 mm from the surface to measure the outer medullary blood flow (OMBF). The animal was allowed to stabilize for 30 min, after which recordings were collected for 20 min and analyzed with the Power Lab software (AD Instruments, Colorado Springs, CO). The final value of OMBF was expressed as Tissue Perfusion units (TPU).

After the measurements were done, the animal was euthanized by exsanguination under deep anesthesia, and both kidneys were removed, homogenized in RIPA buffer (Santa Cruz Biotechnology, Santa Cruz, CA) (1:4 tissue to volume ratio) containing proteinase inhibitor tablet (Roche Pharmaceuticals, Nutley, NJ), and stored at −80°C, for molecular determinations.

Testosterone infusion. Following ischemia and 3 h after reperfusion, a continuous intravenous infusion of testosterone propionate (Sigma Aldrich, St. Louis, MO; 20 µg·kg⁻¹·min⁻¹ in 0.2% EDTA in 1.8 ml of 0.9% NaCl, given for 10 min) or vehicle was given via the femoral vein. This time point was chosen on the basis of our preliminary studies that immediately after reperfusion, there is a transient recovery in the outer medullary blood flow (OMBF), which after 3 h post reperfusion begins to drop again. We followed the animals for three additional hours and found that OMBF continued to be lower in I/R rats than in sham animals. Thus, we used the 3 h after reperfusion as a time point to infuse testosterone acutely in the hopes that we could attenuate the hypoperfusion, since testosterone has acute vasodilatory actions (22). In addition, mRNA expression of inflammatory markers (TNF-α, IL-6) is detected as early as 4–6 h after reperfusion in models of I/R of the kidney.

Serial testosterone levels in rats with I/R. To determine the levels of serum testosterone that occur in rats subjected to sham surgery or I/R, rats were treated as described above except that blood (100 µl) was drawn from a femoral catheter at 3, 6, 12, and 24 h after reperfusion. For percent change from control, a separate group of rats that were not exposed to surgery was used as 100% (serum testosterone levels = 387.72 ± 93.27 ng/ml; n = 6). Serum testosterone was measured by Coat-A-Count RIA, as we have previously described (25).

Anastrozole infusion. To prevent conversion of testosterone to estradiol, male rats received the aromatase inhibitor, anastrozole (AstraZeneca, Wilmington, DE; 0.15 mg·kg⁻¹·day⁻¹, in water by gavage), or vehicle, starting 3 days before I/R and continued thereafter.

Indices of renal damage and function. Loss of renal function was evaluated by quantifying the levels of plasma creatinine at 24 h after I/R, using a commercially available kit (Quantichrome creatinine assay kit; BioAssay Systems, Hayward, CA), from blood collected in EDTA via the jugular vein in isoflurane-anesthetized animals. Data are presented as micrograms creatinine per deciliter.

KIM-1. KIM-1, a sensitive biomarker for proximal tubular injury, was measured in urine samples using a commercially available kit (R&D Systems, Minneapolis, MN; RKM100), according to the manufacturer’s instructions. KIM-1 levels in urine were factored for the volume of urine collected over the first 24 h after reperfusion. Data are expressed as picograms per 24 h.

Urine and tissue protein. Protein levels in kidney and urine levels were determined using the Bradford assay (Bio-Rad, Torrence, CA) and BSA as a standard. Urinary protein excretion is presented as milligrams of protein excreted per day. Tissue protein was measured as milligrams per milliliter homogenate.

TNF-α. TNF-α levels in renal tissue were measured using a specific rat VEGF-ELISA kit (R&D Systems, Minneapolis, MN; RTA00). Data are presented as picograms of TNF-α per microgram of protein.

VEGF. VEGF was measured in kidney homogenates using a specific rat VEGF-ELISA kit (R&D Systems, RRV00). The data are presented as picograms of VEGF per microgram of protein.

Statistical analyses. Data are shown as means ± SE. Data were analyzed by two-way ANOVA, and significant differences were designated at P < 0.05.

RESULTS

Experiment 1. Effect of renal I/R on serum testosterone and the effect of testosterone supplements on renal injury after I/R at 24 h after reperfusion. Serum testosterone was measured in male rats subjected to 40 min of renal ischemia, as described in METHODS, and plasma creatinine and serum testosterone levels were measured 24 h later. As shown in Fig. 1A, renal I/R resulted in increases in plasma creatinine of approximately three-fold, and increases in urinary KIM-1 excretion of more than five-fold (Fig. 1B), compared with sham rats. In rats in which testosterone propionate was given intravenously 3 h after renal reperfusion, plasma creatinine and urinary KIM-1 excretion were both reduced by 30% and 60%, respectively (Fig. 1, A and B), and urinary protein excretion was reduced by ~54% (Fig. 1C).

Serial measurement of testosterone. To determine the effect of sham surgery and renal I/R with and without testosterone infusion, serial testosterone measurements were made in serum of rats beginning at 3 h after reperfusion. As shown in Fig. 2A, both sham rats and rats subjected to renal I/R had a 90% reduction in serum testosterone by 3 h after reperfusion (the time when testosterone was given in these studies), compared with untreated controls. Also, as shown in Fig. 2A, serum testosterone levels began to increase by 12 h in sham rats, but not in rats subjected to I/R. As shown in Fig. 2B, levels of serum testosterone at 6 h (3 h after testosterone infusion) were not different in sham + T than in I/R + T. By 12 h after reperfusion, testosterone levels had increased in sham and sham + T, but not in I/R rats.

Effect of renal I/R on renal injury markers at 48 h after reperfusion. The OMBF that was measured 48 h after I/R was significantly reduced in rats with renal I/R and normalized in rats given testosterone propionate infusion (Fig. 3). To evaluate the effect of testosterone propionate infusion on inflammation 48 h after I/R, TNF-α was measured in kidney homogenates and was increased by three-fold but was reduced by 50% in rats that received testosterone after I/R (Fig. 4A). VEGF was also
measured 48 h after I/R and was significantly reduced with I/R, but improved by testosterone infusion (Fig. 4B).

Experiment 2. Effect of castration or supplemental testosterone on I/R injury. In another study, rats were left intact or subjected to castration and subjected to renal I/R. I/R caused a 25% greater increase in plasma creatinine in castrated rats than in intact rats (Fig. 5A), and KIM-1 levels were twofold higher in castrated rats subjected to I/R than intact rats (Fig. 5B). When testosterone supplements were given intravenously to castrated rats 3 h after renal reperfusion, plasma creatinine was 25% lower than in intact rats with I/R (Fig. 5A), and urinary KIM-1 levels were 60% lower in castrated rats than in untreated intact rats. As we found previously, serum testosterone levels were significantly reduced by 24 h after I/R in control intact males, and while testosterone infusion improved levels compared with untreated castrated rats with I/R, the levels were still decreased compared with both intact sham and intact with I/R (Fig. 6).

Experiment 3. Role of conversion to estradiol in mediating the protection with testosterone propionate infusion against renal I/R injury. Since female rats and women are protected from renal I/R injury and testosterone can be converted to estradiol by aromatase, we used an aromatase inhibitor, anastrozole, to make certain the protection afforded by testosterone after I/R was not merely mediated by immediate conversion to estradiol. Anastrozole alone for 3 days before I/R reduced plasma creatinine (Fig. 7A), KIM-1 excretion (Fig. 7B), and urinary protein excretion (Fig. 7C), measured 24 h after renal
I/R but had no effect on serum testosterone 24 h after reperfusion (Fig. 8). Anastrazole plus testosterone infusion further reduced both plasma creatinine and urinary KIM-1 excretion (Fig. 7, A and B) but had no further protective effect on urinary protein excretion (Fig. 7C). Anastrazole alone reduced renal TNF-α levels after I/R to sham levels (Fig. 9), and testosterone plus anastrazole further reduced TNF-α to lower levels than sham.

**DISCUSSION**

The novel findings of these studies are that 1) testosterone levels measured serially are reduced with surgery in shams alone but begin to improve by 12 h after reperfusion; 2) testosterone levels are not different at 3 h postinfusion (6 h after reperfusion) in either sham or I/R treated with testosterone propionate; 2) castration exacerbates I/R injury; 3) intravenous testosterone supple-
mentation 3 h after renal I/R in intact or castrated rats protects against renal injury and dysfunction; and 4) the protective effect of testosterone infusion on I/R injury is independent of conversion to estradiol. These data provide strong evidence that the sex difference in renal I/R injury in males is due, at least in part, to reductions in testosterone.

Chronic diseases such as obesity, hypertension, coronary heart disease, and chronic kidney disease (2, 13, 15, 24) are associated with reduced circulating testosterone levels. Although testosterone in the past has been thought to promote cardiovascular and renal disease, investigators are now suggesting that the reduction in testosterone may be a consequence of the disease process and that the reduced levels of testosterone are associated with worsening outcomes for several chronic diseases (15, 24). The mechanisms by which testosterone levels are decreased in chronic cardiovascular and renal diseases have not been elucidated.

With acute injury, the role played by testosterone is controversial. In humans with acute trauma admitted to the intensive care unit with acute respiratory distress syndrome, circulating testosterone levels were decreased within 48 h in men (10). Wagner et al. (33) reported that testosterone suppression is present in all men after traumatic brain injury. These investigations suggest that the reduction in testosterone may be a consequence of the disease process and that the reduced levels of testosterone are associated with worsening outcomes for several chronic diseases (15, 24). The mechanisms by which testosterone levels are decreased in chronic cardiovascular and renal diseases have not been elucidated.

Fig. 7. Chronic anastrozole (ANT), an aromatase inhibitor, attenuated plasma creatinine (A), KIM-1 excretion (B), and proteinuria (C) in intact male rats subjected to I/R-induced AKI. Testosterone supplementation with anastrozole further reduced plasma creatinine (A), KIM-1 excretion (B), but not proteinuria (C). Data are expressed as milligrams of creatinine per deciliter plasma (A), KIM-1 excretion per 24 h (B), and protein excretion per 24 h (C). *P < 0.05 compared with intact sham. #P < 0.05 compared with intact with I/R-AKI. §P < 0.05 compared with anastrozole-treated rats with I/R-AKI.

Fig. 8. Effect of chronic anastrozole on plasma (PL) testosterone levels measured 24 h after reperfusion in control and testosterone-supplemented rats subjected to I/R-AKI. Data are expressed as nanograms of testosterone/deciliter plasma. *P < 0.05 compared with intact sham. #P < 0.05 compared with intact with I/R-AKI. §P < 0.05 compared with anastrozole-treated rats with I/R-AKI.

Fig. 9. Chronic anastrozole reduced renal expression of TNF-α and the combination of anastrozole + testosterone further reduced renal TNF-α in male rats subjected to I/R-induced AKI. Data are expressed as picograms of TNF-α/µg kidney tissue. *P < 0.05 compared with intact sham. #P < 0.05 compared with intact with I/R-AKI. §P < 0.05 compared with anastrozole-treated rats with I/R-AKI.
One surprising finding from the present studies is that sham surgery alone caused a precipitous reduction in serum testosterone levels. In our model of renal I/R, the serum testosterone levels remained low at 24 h after reperfusion, and although our results show improvement in measures of renal injury with testosterone infusion, we were not able to measure an increase in serum testosterone, even as soon as 3 h after infusion (6 h reperfusion). These data suggest that the low doses of testosterone that we are giving acutely are not enough to make a difference in serum levels by 3 h after infusion. The data also suggest that the mechanisms by which there is improvement in renal I/R injury may be mediated by acute or short-term mechanisms rather than genomic ones, although one could postulate that a 3-h reduction in serum androgens may upregulate androgen receptors that are located on proximal tubule cells and on endothelial cells in the kidney and could set up genomic changes and changes in intracellular signaling cascades. Future studies need to be done to determine whether, in fact, androgen receptors mediate the protective effects of testosterone infusion after renal I/R.

The mechanisms responsible for renal protection by testosterone treatment after I/R in our model are not clear. We measured TNF-α and found that the levels were attenuated in testosterone-treated I/R rats compared with untreated rats with I/R injury. Androgens have been shown previously to be anti-inflammatory (9, 19, 35). For example, DHT, via the androgen receptor, inhibits IL-1α and TNF-α-induced proinflammatory cytokine production in a rheumatoid cell line (35), and LPS treatment caused increased proinflammatory cytokines in a model of androgen ablation (19). Because TNF-α is produced by nonimmune cells in the kidney, such as medullary thick ascending limb, the reduction in TNF-α may not be contributory to the protection caused by testosterone, but may simply be an indication of less injury to the medulla in the presence of testosterone. Interestingly, Fijak et al. (9) reported that androgens have a direct effect on regulatory T-cell expansion and found a reduction in autoimmune orchitis in the presence of testosterone supplements. It is tempting to propose that androgens may affect T cells and T-cell infiltration in the kidney after I/R. However, while Fijak et al. (9) found a reduction in macrophages and CD4+ T cells, they also found an upregulation of CD4+ /CD25+/FOXP3+ T cells. Kinsey et al. (14) found that it was a reduction in this type of T cells that promoted renal injury in a mouse model of renal I/R (14). Needless to say, additional studies need to be performed to determine whether testosterone can modulate T cells to protect against I/R at this early time point.

We also measured VEGF in our animals subjected to renal I/R and found that it was increased with testosterone treatment compared with untreated rats, although not to control levels. Chade and Kelsen (7) reported that renal ischemia in a model of renal artery stenosis in the pig was associated with reductions in VEGF, and VEGF infusion protected against renal dysfunction and microvascular injury. It is possible that testosterone-mediated improvement of vascular function after renal I/R, by not permitting the significant reductions in VEGF, may have a beneficial effect on kidney function.

Although the presence of estradiol has been shown to be protective in renal I/R injury in both male and female rats (12, 28, 29), our data support the notion that the protective effect of testosterone on kidney function and injury after I/R was independent of conversion to estradiol, since aromatase inhibition in the presence of testosterone infusion protected better than testosterone alone, suggesting that higher levels of testosterone were achieved with aromatase inhibition. In...
addition, as reported by Bell et al. (4), aromatase-null mice were protected against I/R injury of the heart (4), we found that aromatase inhibition with anastrozole alone for 3 days prior to renal I/R protected against renal injury better than testosterone infusion alone, perhaps because of higher levels of endogenous testosterone produced prior to the I/R injury that may have also prevented the testosterone levels from falling so precipitously during I/R. In any case, anastrozole plus testosterone had an additive effect to further protect against renal injury.

**Perspectives and Significance**

In the present study, we found that renal I/R in male rats is associated with reductions in circulating levels of testosterone that are sustained for at least 24 h. Acute testosterone treatment protected against renal injury that was independent of conversion to estradiol. The mechanisms responsible for the protection with acute testosterone infusion are not clear from these studies, but attenuation of inflammation and attenuation of mediators of ischemia, such as VEGF, may be potential mechanisms by which testosterone could protect against renal I/R-mediated AKI. Individuals undergoing coronary artery bypass frequently develop AKI (27), and the present studies suggest that intravenous infusion of testosterone in men following coronary artery bypass could be a novel treatment to protect against renal I/R without adversely affecting the grafts. Future studies will be necessary to determine whether testosterone infusion could have translational applicability to clinical settings.

**GRANTS**

These studies were supported in part by the John Bower Foundation (to L. A. Juncos) and HL-69194, HL-66072 and HL-51971 (to J. F. Reckelhoff).

**DISCLOSURES**

No conflicts of interest, financial or otherwise, are declared by the authors.

**AUTHOR CONTRIBUTIONS**


**REFERENCES**


