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Placental restriction of fetal growth reduces cutaneous responses to antigen after sensitization in sheep


Placental restriction of fetal growth reduces cutaneous responses to antigen after sensitization in sheep. Am J Physiol Regul Integr Comp Physiol 306: R441–R446, 2014. First published February 5, 2014; doi:10.1152/ajpregu.00432.2013.—Prenatal and early childhood exposures are implicated as causes of allergy, but the effects of intrauterine growth restriction on immune function and allergy are poorly defined. We therefore evaluated effects of experimental restriction of fetal growth on immune function and allergic sensitization in adolescent sheep. Immune function (circulating total red and white blood cells, neutrophils, lymphocytes, monocytes, eosinophils, and basophils, and the antibody response to Clostridial vaccination) and responses to house dust mite (HDM) allergen and ovalbumin (OVA) antigen sensitization (specific total Ig, IgG1, and IgE antibodies, and cutaneous hypersensitivity) were investigated in adolescent sheep from placentally restricted (PR, n = 23) and control (n = 40) pregnancies. Increases in circulating HDM-specific IgE (P = 0.007) and OVA-specific IgE (P = 0.038) were greater in PR than control progeny. PR did not alter total Ig, IgG1, or IgM responses to either antigen. PR increased OVA-specific but not HDM-specific IgA responses in females only (P = 0.023). Multiple birth increased Ig responses to OVA in a sex-specific manner. PR decreased the proportion of positive cutaneous hypersensitivity responders to OVA at 24 h (P = 0.030) but had no effect on cutaneous responses to HDM. Acute wheal responses to intradermal histamine correlated positively with birth weight in singletons (P = 0.023). Intrauterine growth restriction may suppress inflammatory responses in skin downstream of IgE induction, without impairment in antibody responses to a nonpolysaccharide vaccine. Discord between cutaneous and IgE responses following sensitization suggests new mechanisms for prenatal allergy programming.

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R441
**Animal model.** Placental growth of primiparous Merino × Border Leicester ewes was restricted by surgical removal of all but four visible endometrial placental attachment sites (caruncles) from each uterine horn (1, 31) at least 10 wk before timed mating (27). No maternal surgery occurred during pregnancy, and control ewes were unoperated. Pregnant control (CON, unoperated) and PR ewes were housed indoors from day 110 of gestation until their spontaneously born lambs were weaned at 13 wk of age. Ewes were fed 1 kg Rumemite pellets daily (Ridley AgriProducts, Melbourne, Australia), with ad libitum access to lucerne chaff and water. Gestational ages, birth weights, and litter sizes were recorded. After being weaned, progeny were housed in outside paddocks in same sex groups of similar ages and fed 0.5 kg pellets/day and ad libitum access to oaten hay, pasture, and water. Sheep were housed indoors in individual pens for ≥6 days before and 3 days during cutaneous hypersensitivity testing, with 0.5 kg pellets/day and ad libitum access to lucerne chaff and water. Immune function was studied in 17 CON males (2 singletons, 13 twins, 2 triplets), 23 CON females (5 singletons, 18 twins), 10 PR males (5 singletons, 5 twins), and 13 PR females (9 singletons, 3 twins, 1 triplet).

**Immunization, sensitization, and cutaneous hypersensitivity testing.** Sheep were immunized with an anti-Clostridial vaccine (Ultravac 5-in-1; Pfizer Animal Health, West Ryde, Australia) at 5 and 9 wk of age (Fig. 1). Sheep were then sensitized to house dust mite allergen (5-in-1; Pfizer Animal Health, West Ryde, Australia) at 5 and 9 wk of age (Fig. 1). Sheep were immunized with an anti-Clostridial vaccine (Ultravac 5-in-1; Pfizer Animal Health, West Ryde, Australia) at 5 and 9 wk of age (Fig. 1). Sheep were then sensitized to house dust mite allergen (HDM; CSL, Parkville, Australia) and ovalbumin (OVA: A2512, Sigma, MO), each administered mixed with aluminium hydroxide as adjuvant (1:1) by subcutaneous injections (2, 39) at 20, 22, 24, and 26 wk of age. Immediate and delayed cutaneous responses (cutaneous hypersensitivity) to intradermal injections of 50 μl saline (negative control), histamine (10 μg/ml, H7375, Sigma), HDM (100 μg/ml), and OVA (10 μg/ml) were assessed at 28 wk of age (3). No adjuvants were given with intradermal injections. Skin wheal responses were measured with calipers at 0.5, 4, 2, and 48 h, and an average diameter across two perpendicular readings of ≥3 mm was classified as a positive reaction.

**Serum antibody concentrations.** Peripheral blood was collected at 20 wk of age and immediately before cutaneous hypersensitivity tests at 28 wk of age (Fig. 1), and serum was stored at −80°C. Serum clostridial-specific total Ig was assayed on ELISA plates precoated with 10 μg/ml Chauvoei antigen (Pfizer Animal Health, West Ryde, Australia), with samples taken at 28 wk diluted 1/500 in Blue Diluent (AsureQuality, Tullamarine, Australia). Sheep serum was used for standards (serially diluted to 1/32,000) and positive controls. Horse-radish peroxidase (HRP)-conjugated rabbit anti-sheep IgG was diluted 1/2,000 in Blue Diluent and used as the detection antibody. Plates were developed with 3,3′,5′,5′-tetramethyl-benzidine dihydrochloride hydrate (TMB, Sigma, Castle Hill, Australia), and optical density was read at 450 nm. HDM- and OVA-specific total Ig, IgG1, IgE (2, 3, 33, 39), IgM, and IgA antibodies pre- (20 wk) and post- (28 wk) immunization were determined in duplicate by ELISA, with optical density read at 450 nm. IgM and IgA were assayed by ELISA as for total antigen-specific Ig (3, 39), but with rabbit anti-ovine IgA (Bio-Rad AbD Serotec, Kidlington, UK), or rabbit anti-ovine IgM (diluted 1/5,000, Bio-Rad AbD Serotec, Kidlington, UK) as primary antibody, and HRP-conjugated swine anti-rabbit Ig (diluted 1/1,000, Dako, Glostrup, Denmark) as secondary antibody. Antibody responses to sensitization were classified as positive when they increased by greater than two fold relative to basal concentrations.

**Cell counts.** Peripheral blood was collected into EDTA-coated tubes at 18 (subset of ~75% of cohort) and 33 wk of age. Samples were stained with Wright’s Giemsa stain (Siemens, Munich, Germany). Total red blood cells (RBC) and white blood cells (WBC) were quantified using an automated cell counter (Cell Dyn 3700, Abbott Diagnostics, IL), then 100 WBC per sample were classified manually under light microscopy to differentiate WBC subtypes (neutrophils, lymphocytes, monocytes, eosinophils, and basophils).

**Statistical analysis.** Continuous and binary outcomes were analyzed using a Generalized Linear Mixed Models framework that examined the effects of PR, litter size (singleton vs. multiple birth), and sex, treating the dam as the experimental unit and data from siblings as repeated measures on each dam. The distributions of continuous variables were assessed for normality, and a log, square root or inverse transformation was applied as necessary. Binary outcomes were analyzed within this framework, assuming a binomial distribution and logit link function. Interaction effects were non-significant for all binomial outcomes, and the final model used for these included main effects only. Relationships between continuous variables were examined through the calculation of Pearson’s correlation coefficient, restricted to singletons to remove effects of clustering due to ewes. Data were analyzed using SPSS software, version 20.0 (SPSS, Chicago, IL) and are shown as estimated means ± SE. P < 0.05 was accepted as statistically significant. Interactions are not mentioned unless significant.

**RESULTS**

**Birth weight and gestational age.** PR reduced birth weight by 20% (CON: 5.70 ± 0.22 kg, PR: 4.55 ± 0.21 kg, P < 0.01), and multiple birth reduced birth weight by 14% (singleton birth: 5.52 ± 0.23, multiple birth: 4.73 ± 0.20, P = 0.010). Sex did not affect birth weight. Gestational age at birth was 139–150 days and was reduced by 2.2 days in PR pregnancies (CON: 147.1 ± 0.5 days, PR: 144.9 ± 0.5 days, P = 0.004). Neither litter size nor sex affected gestational age. Inclusion of gestational age as a covariate did not change effects of PR on continuous outcomes; therefore, it was not included as a factor in final analyses.

**Circulating immune cells.** At 18 wk of age, PR, litter size and sex did not affect concentrations of RBC, WBC, and WBC subtypes. At 33 wk of age, PR and litter size did not affect concentrations of RBC, WBC, and WBC subtypes except eosinophils. Effects of PR on eosinophil concentrations at 33 wk differed between sexes (PR × sex interaction, P = 0.019) but did not differ between PR and CON in either males or females and were unaffected by litter size. Neutrophil concentrations at 33 wk were higher in males than females (males: 3.70 ± 0.29 × 10⁶ cells/l, females: 2.79 ± 0.22 × 10⁶ cells/l, P = 0.025), whereas the reverse was true for lymphocyte concentrations (males: 3.30 ± 0.37 × 10⁶ cells/l, females: 4.55 ± 0.29 × 10⁶ cells/l, P = 0.020). Sex did not affect concentrations of RBC, WBC, monocytes, eosinophils, and basophils.

**Antibody responses to HDM allergen and OVA sensitization.** PR and sex did not affect levels of HDM-specific (Fig. 2A) or OVA-specific (Fig. 2D) total Ig. Litter size did not affect

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**Fig. 1.** In vivo study timeline.
More PR than CON animals had a positive HDM-specific IgE response (CON: 32.1 ± 0.1% positive, PR: 89.1 ± 0.07% positive, \( P = 0.003 \)). Similarly, more multiple birth than singleton birth animals had a positive HDM-specific IgE response (singleton birth: 44.2 ± 14.3% positive responders, multiple birth: 83.0 ± 7.7% positive responders, \( P = 0.038 \)).

Proportions of HDM-specific IgE responders did not differ between sexes. PR, litter size, and sex did not affect the proportion of sheep that were positive responders in terms of HDM-specific total Ig (overall: 26.8 ± 6.6% positive, \( P = 0.003 \)). Similarly, more multiple birth than singleton birth females had a positive HDM-specific IgE response (singleton birth females: 44.2 ± 14.3% positive responders, multiple birth females: 83.0 ± 7.7% positive responders, \( P = 0.038 \)).

Antibody responses to Clostridial vaccination. Antibody responses to vaccination against Clostridium spp. were highly variable, ranging from titers of 1.46 IU to 169.02 IU, with a mean of 11.75 ± 3.71 IU. Antibody responses to vaccination were not altered by PR, litter size, or sex (data not shown).

Cutaneous hypersensitivity responses. All sheep had a positive cutaneous hypersensitivity response to HDM at 30 min, and this response was sustained to 4 h in most sheep (overall: 100.0 ± 4.0% positive). Similarly, most sheep had a positive acute response to OVA at 30 min (overall: 87.2 ± 4.8% positive) and 4 h (overall: 72.6 ± 6.2% positive responders). The proportions of HDM and OVA cutaneous hypersensitivity responders at 30 min and 4 h, and the proportion of HDM cutaneous hypersensitivity responders at 24 h (overall: 42.7 ± 7.0% positive) were not affected by PR, litter size, or sex. A lower proportion of PR than CON sheep had positive cutane-
ous hypersensitivity responses to OVA at 24 h (CON: 49.8 ± 10.0% positive, PR: 15.7 ± 7.8% positive, \( P = 0.030 \)), and the proportion of responders was unaffected by litter size or sex. At 48 h after challenge, the proportion of HDM-positive responders was greater in singleton birth than multiple birth sheep (singleton birth: 53.0 ± 11.5% positive, multiple birth: 19.3 ± 6.9% positive, \( P = 0.027 \)) but was not affected by PR or sex. Males were more likely than females to have positive cutaneous hypersensitivity responses to OVA at 48 h (males: 36.7 ± 10.5% positive, females: 12.6 ± 5.8% positive), and the proportion of responders was unaffected by PR or litter size.

Correlation between birth weight and cutaneous histamine responses. Skin wheal diameter at 30 min after intradermal injection of histamine correlated positively with birth weight in singletons (Fig. 3, \( P = 0.023 \)). There was no correlation, either overall or in singletons, between birth weight and skin wheal diameter at 4, 24, and 48 h after injection of histamine.

DISCUSSION

Here we have shown directly that IUGR, induced by surgical restriction of placental implantation and function, alters later allergic responses in adolescent sheep, with fewer positive cutaneous hypersensitivity responses than would be expected given changes in IgE. This is the first demonstration of altered allergy susceptibility after experimental IUGR, where IUGR and control progeny share a common postnatal environment. These outcomes reflect IUGR rather than prematurity, with >95% of PR lambs born within 7 days of normal term (147 days gestation in this breed). These results are consistent with reports from human epidemiological studies suggesting decreased susceptibility to allergy after SGA (4, 10, 14, 16). Furthermore, our results directly confirm an independent effect of the constrained prenatal environment on allergy.

The IgE responses to both HDM and OVA antigens were increased in PR compared with CON progeny, although the HDM-specific increases were of greater magnitude than those induced by OVA. This probably explains why PR increased the proportion of IgE responders to HDM but not OVA, because only 7% of sheep reached the threshold of a positive (≥2-fold increase) IgE response to OVA. The different magnitudes of IgE responses may reflect different antigenic potential of the two preparations, since both antigens were given under the same conditions and timing to sheep in the present study. We have previously reported that the concentration of sensitizing antigen influences IgE responses in sheep (2); however, testing effects of PR on responses to multiple antigen concentrations was beyond the scope of the present study. The approximately threefold overall increase in HDM-specific IgE is consistent with the increases we have reported previously in sensitized sheep (3). There is mixed evidence for effects of IUGR on IgE responses in humans, which may at least in part reflect confounding due to common pre- and postnatal exposures to an adverse environment. Studies of circulating antibody concentrations in SGA humans have largely focussed on IgE in response to environmental allergen exposure, with increased total IgE dependent on exposure levels in one study (18) but lower circulating IgE specific for common allergens in 5 to 7 year old children (4). Similar responses to vaccination (with bacterial antigens) in CON and PR lambs in the present study are consistent with previous findings that low birth weight and exposure to maternal seasonal undernutrition during gestation did not alter antibody production following vaccination with nonpolysaccharide vaccines in humans (21–23). This evidence of enhanced or normal immunoglobulin responses to antigens and vaccination after SGA contrasts with the evidence that low-birth-weight infants have greater susceptibility to infectious diseases in early life (34) and exhibit markers of impaired B-cell function as adults (22, 23), although this evidence for greater susceptibility probably also reflects effects of prematurity. Together, these results suggest that some, but not all, immune responses are impaired by IUGR.

Effects of natural IUGR induced by twinning in the present study had similarities to effects of PR, with greater immunoglobulin responses to sensitization in multiple birth (mostly twins) than in singleton birth progeny. These effects of multiple birth, however, were only evident for OVA-specific responses, whereas PR increased responses to both antigens. Twinning decreases placental function and reduces fetal growth in sheep (38) and in human twin pregnancies from 32 wk gestation (30). In the present study, multiple birth reduced birth weight to a lesser extent than PR, suggesting that this natural growth restriction was less severe than the surgically induced PR, possibly accounting for the smaller programming effect on immune function in later life. We also saw evidence of sex-specific developmental programming of immune function, with enhanced IgA responses to OVA after PR or multiple birth and greater IgE responses to OVA in multiple birth than singleton birth progeny evident in females only. This contrasts with evidence that preimplantation methyl donor deficiency enhanced acute (haptoglobin) responses to antigens in male, but not female, young adult sheep (35). Different sex-specific susceptibility of immune function to perturbation during development between these two studies might reflect the different prenatal exposures or different interactions between sex and exposure for acute non-specific versus antigen-specific responses. Studies in humans and rats have shown that allergic disease rates and processes differ between sexes and are modulated by sex steroids, including potentiation of IgE responses to antigens by estradiol (reviewed in Ref. 5). Since IUGR decreases circulating estradiol in adolescent girls after puberty (13), however, changes in estradiol seem unlikely to...
explain sex-specific differences in effects of litter size on IgE responses to antigens.

Cutaneous hypersensitivity responses were lower than might be expected given changes in circulating IgE. Despite increased IgE responses in PR progeny, cutaneous hypersensitivity responses to HDM were normal in PR progeny. More strikingly, cutaneous hypersensitivity responses to OVA were lower in PR progeny, despite elevated OVA-specific IgE responses in PR progeny. This suppressed cutaneous reactivity to antigens in the PR sheep is consistent with reduced cutaneous hypersensitivity reactions to phytohemagglutinin in SGA children born at ≥35 wk gestational age with known placental insufficiency or maternal hypertension compared with controls (8). Early life and adult environmental factors may interact in determining inflammatory responses to antigens. For example, perinatal exposure to short-day photoperiod in the Siberian hamster, which delays postnatal growth and reproductive development, programs increased adult hypersensitivity responses only when these animals were also housed in short-day photoperiod as adults (41). The contrasting effects of PR on antibody and inflammatory responses to sensitization in the present study suggest an alteration in the inflammatory pathway downstream of IgE production, which may reduce inflammatory responses to antigens after IUGR. Consistent with this hypothesis, in the present cohort of sheep, acute cutaneous hypersensitivity responses to histamine correlated positively with birth weight. Acute responses to histamine include local inflammation, expression of eotaxin, and recruitment of eosinophils to the site of allergic skin reactions (20), with amplification by activation of the histamine H4 receptor on mast cells (43). Decreased acute responses to histamine in sheep with lower birth weights might therefore inhibit subsequent late-phase reactions to antigens. Although circulating eosinophils were not measured concurrently with antibody abundance or acute reactions to sensitization in the present study, eosinophil abundance was similar in CON and PR sheep 2 wk before the first sensitization and 5 wk after cutaneous hypersensitivity testing, suggesting that a deficiency in peripheral blood eosinophils is not the primary mechanism causing suppressed late-phase reactions to antigens. Although circulating eosinophils were not measured concurrently with antibody abundance or acute reactions to sensitization in the present study, eosinophil abundance was similar in CON and PR sheep 2 wk before the first sensitization and 5 wk after cutaneous hypersensitivity testing, suggesting that a deficiency in peripheral blood eosinophils is not the primary mechanism causing suppressed late-phase reactions to antigens. Similarly, although elevated IgG concentrations can suppress IgE-mediated mast cell degranulation (37), increases in IgG after sensitization were not altered by PR or litter size and are unlikely to explain differences in cutaneous responses between these groups. Further studies are needed to determine effects of IUGR on mast cell numbers and function, and the underlying mechanisms.

The mechanisms underlying the effects of IUGR on postnatal immune function are currently poorly understood. Reduced nutrient availability in utero might directly reduce cell proliferation in immune tissues. Thymus weight was reduced in IUGR humans (7, 11) and newborn PR rats, and the spleen and thymus of PR rats had fewer lymphocytes at weaning (6). In adolescent humans, circulating concentrations of thymopoietin, a hormone produced by the thymus that regulates T-cell differentiation and function, were lower in SGA than adequate size for gestational age individuals who had been exclusively breast-fed for at least 50 days after birth (17). Whether IUGR-induced changes in lymphocyte numbers in the thymus or spleen persist after weaning is unclear.

**Perspectives and Significance**

The incidence of allergy is increasing, and understanding the factors that determine individual susceptibility may help to identify potential preventative interventions. Studies of effects of prenatal environment on immune function in human populations are often confounded by use of birth weight as a marker, which reflects gestational age as well as prenatal environment, and by common prenatal and postnatal adverse exposures. The present study establishes an animal model in which to investigate effects of restricted growth in utero on postnatal immune function, independent of gestational age, and where all progeny share a common postnatal environment. Consistent with a lack of effect of birth weight in human studies, antibody responses to a protein-based vaccine were unaffected by PR in sheep, indicating that IUGR programs specific cell types and/or immune pathways without global suppression of immune function. Our finding of enhanced IgE responses, but decreased cutaneous hypersensitivity responses to antigens after sensitization, suggests a role for mast cells in programming of susceptibility to allergy. Which specific aspects of a restricted fetal environment induce changes in postnatal immune function, and the underlying mechanisms for this, require further investigation.

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**DISCLOSURES**

No conflicts of interest, financial or otherwise, are declared by the author(s).

**AUTHOR CONTRIBUTIONS**


**REFERENCES**


