Reduced placental amino acid transport in response to maternal nutrient restriction in the baboon

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Pantham P, Rosario FJ, Nijland M, Cheung A, Nathanielsz PW, Powell TL, Galan HL, Li C, Jansson T. Reduced placental amino acid transport in response to maternal nutrient restriction in the baboon. Am J Physiol Regul Integr Comp Physiol 309: R740–R746, 2015. First published August 5, 2015; doi:10.1152/ajpregu.00161.2015.—Intrauterine growth restriction in humans and animal models results in reduced circulatory activity in syncytiotrophoblast MVM in MNR leads to decreased placental amino acid transporter activity, leading to reduced transplacental transfer of AAs. Pregnant baboons were fed either a control (ad libitum, n = 7), or MNR diet (70% of control diet, n = 7) from gestational day (GD) 30. At GD 165 (0.9 gestation), placentas (n = 7 in each group) were collected, and microvillous plasma membrane vesicles (MVM) isolated. MVM system A and system L AA transport was determined in vitro using radiolabeled substrates and rapid filtration techniques. In vivo transplacental AA transport was assessed by infusing nine13C- or 2H-labeled essential AA as a bolus into the maternal circulation (n = 5 control, n = 4 MNR) at cesarean section. A fetal vein-to-maternal artery mole percent excess ratio for each essential AA was calculated. Fetal and placental weights were significantly reduced in the MNR group compared with controls (P < 0.01). The activity of system A and system L was markedly reduced by 73 and 84%, respectively, in MVM isolated from baboon placentas at GD 165 following MNR (P < 0.01). In vivo, the fetal vein-to-maternal artery mole percent excess ratio was significantly reduced for leucine, isoleucine, methionine, phenylalanine, threonine, and tryptophan in MNR baboons (P < 0.05). This is the first study to investigate placental AA transport in a nonhuman primate model of MNR. We demonstrate that the downregulation of system A and system L activity in syncytiotrophoblast MVM in MNR leads to decreased transplacental AA transport and, consequently, reduced circulating fetal AA concentrations, a potential mechanism linking maternal undernutrition to reduced fetal growth.

fetal growth restriction; nonhuman primate; maternal-fetal exchange

MATERNAL UNDERNUTRITION is a major public health concern worldwide. Maternal undernutrition constitutes the most common cause of intrauterine growth restriction (IUGR) in developing countries, causing significant perinatal mortality and morbidity (6) and programming of adult disease (3). Babies who were in utero during the Dutch wartime famine in the winter of 1944-45 in Holland were growth restricted and have an increased incidence of obesity and metabolic and cardiovascular disease in adulthood (49), demonstrating that maternal undernutrition during gestation has profound effects on the health of the offspring. The mechanisms linking reduced maternal nutrition to IUGR and developmental programming of adult disease remain to be elucidated.

Experiments in animal models have demonstrated alterations in placental growth, structure and function in response to reduced maternal nutrient availability, resulting in adverse pregnancy outcomes (9, 18, 35). In Western societies, IUGR has been primarily related to placental insufficiency, or impaired uteroplacental vascular remodeling, while in developing countries maternal undernutrition remains the most common cause of restricted fetal growth. However, both perturbations appear to cause similar changes in placental signaling and function (18, 46, 48, 52). Investigating the effects of maternal undernutrition is, therefore, directly relevant also for restricted placental and fetal growth in association with placental insufficiency. Decreased expression and activity of key placental amino acid transporters has been reported in IUGR in humans (13, 22, 34, 38), as well as in animal models (18, 35). It has therefore, been proposed that changes in the expression and activity of placental nutrient transporters may precede the development of IUGR (18), and that the placenta acts as a nutrient sensor regulating the delivery of nutrients to the fetus in response to changes in the maternal nutrient supply line (21).

The system A amino acid transporter is encoded by three members of the \( \text{slc}38 \) family, and all three isoforms [sodium-coupled neutral amino acid transporter 1 (SNAT1), SNAT2, and SNAT4] are known to be expressed in the placenta (10). System A functions in a sodium-dependent manner to mediate the uptake of nonessential amino acids into the cell. System A activity establishes a high intracellular concentration of non-essential amino acids, such as glycine, creating a gradient that is used to drive the exchange for extracellular essential amino acids (EAAs) via system L. System A activity is, therefore, necessary for the transport of both essential and nonessential amino acids in the placenta. The system L transporter functions as an amino acid exchanger, mediating the uptake of EAAs in a sodium-independent manner (55). It is a heterodimer comprising a light chain, either the large amino acid transporter 1 (LAT1) or LAT2, and a heavy chain, 42hc/CD98.

Placental amino acid transport is regulated by maternal hormones, such as insulin and IGF-1 and mechanistic target of rapamycin (mTOR) signaling (17, 23, 26). Maternal undernutrition in humans and animal models results in reduced circu-
Pathological signs, and mated as described previously (51). Pregnancy was dated according to time of ovulation and changes of sex skin color, and confirmed by ultrasonography at GD 30. From that point forward, animals in the MNR group were fed 70% of the total intake of corresponding controls, calculated per kilogram body weight.

Infusion of EAs and collection of blood and tissue samples. Conventional cesarean sections using general anesthesia and standard sterile techniques were performed at GD 165 (term 180–184 days), as previously described (27). Animals were tranquilized with ketamine hydrochloride (10 mg/kg), intubated, and anesthetized with isoflurane (starting rate 2% with oxygen: 2 l/min).

To assess transplacental transport of EAs, baboons (n = 5 controls, n = 4 MNR) were infused with a cocktail of nine EAs labeled with stable isotopes 13C or 2H, as described previously in pregnant women, with modifications (12). At the time of cesarean section, a bolus infusion of EAs diluted to 10 ml with isotonic saline solution was infused into a maternal peripheral vein over a 2-min time period. A catheter placed in the maternal femoral artery was used to obtain maternal blood samples, which were collected just before the EAA infusion, and then at ~2-min intervals for up to 16 min after the completion of the infusion. Umbilical vein blood samples were obtained 5 min after the completion of EAA infusion. Heparinized maternal and fetal blood samples were centrifuged at 2,500 g for 15 min, and plasma was collected and stored at −80°C until further analysis. Fetuses and placentas were towel dried and weighed. Villous trophoblast tissue was processed for the isolation of syncytiotrophoblast membranes. Following cesarean section, maternal postoperative analgesia was provided (buprenorphine 0.015 mg·kg−1·day−1 as 2 doses for 3 days).

Transplacental amino acid transport in baboon was compared with previous stable isotope studies conducted in women (n = 5–7) undergoing cesarean section (12).

Isolation of trophoblast plasma microvillous membrane vesicles. The placenta was collected, and pieces (1 cm3) of choricion villous tissue were immediately dissected, washed in saline, and placed in buffer D (250 mM sucrose, 10 mM HEPES-Tris, and 1 mM EDTA, pH 7.4) at 4°C with protease and phosphatase inhibitors. Syncytiotrophoblast plasma microvillous membrane vesicles (MVM) were isolated as described in detail previously (16, 19), with minor modifications (27). Briefly, following initial centrifugation steps, MVM were isolated using Mg2+ precipitation, followed by further purification with differential centrifugation steps. Samples were snap frozen in liquid nitrogen and stored at −80°C. Purity of MVM was assessed using a standardized assay for alkaline phosphatase activity to determine the enrichment of alkaline phosphatase activity compared with homogenates. Microvillous plasma membrane vesicle enrichment of alkaline phosphatase activity was not significantly different between the control and MNR groups (control, 4.2 ± 0.6; MNR 3.16 ± 0.7, n = 7/group, P = 0.26). Protein content of MVM was assessed using the method of Bradford (5).

Activity of amino acid transporters in MVM. System A transporter activity was assessed by measuring the uptake of the amino acid analog methylaminosobutyric acid (MeAIB) using modification of the protocol of Mahendran et al. (34). System L activity was studied using the method of Bradford (5). activity of amino acid transporters in MVM. System A transporter activity was assessed by measuring the uptake of the amino acid analog methylaminosobutyric acid (MeAIB) using modification of the protocol of Mahendran et al. (34). System L activity was studied using the method of Bradford (5).

**METHODS**

Animal care. All animal procedures were approved by the Texas Biomedical Research Institute Institutional Animal Care and Use Committee and conducted in facilities approved by the Association for the Assessment and Accreditation of Laboratory Animal Care. Baboons (Papio species) were maintained in groups of 10–16 females with 1 male in outdoor metal and concrete cages at the Southwest National Primate Research Center, as described in detail previously (51).

System for controlling and recording individual feeding. Animals were weighed and fed using a feeding system that has previously been described in detail (51). Briefly, once a day before feeding, all baboons passed along a chute, over a scale, and into an individual feeding cage. The weight of each animal was obtained as it crossed an electronic scale system (GSE 665; GSE Scale Systems, Livonia, MI) and recorded as the mean of 50 individual measurements over 30 s. Water was available ad libitum.

Baboons were fed Purina Monkey Diet 5038 (Purina, St. Louis, MO). The basic composition of each biscuit was ≥15% crude protein, ≥5% crude fat, ≤6% crude fiber, 5% ash, ≤3% added minerals, solubilized vitamin C, and other required vitamins. All animals were initially fed 60 biscuits ad libitum in the feeding tray of each individual cage. Baboons were returned to the group cage at the end of the 2-h feeding period, and biscuits that remained in the tray, floor of the cage, and pan beneath the cage were counted. Food consumption, weight, and health status of each animal were recorded daily.

Study design. Female baboons (8–15 yr old) were selected on the basis of reproductive age, body weight, and absence of extra-genital pathological signs, and mated as described previously (51). Pregnancy was dated according to time of ovulation and changes of sex skin color, and confirmed by ultrasonography at GD 30. From that point forward, animals in the MNR group were fed 70% of the total intake of corresponding controls, calculated per kilogram body weight.

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RESULTS

**Fetal and placental weights.** MNR significantly reduced fetal weights of the MNR group by 19% compared with controls at GD 165 (n = 7 in each group, \( P = 0.01 \), Table 1). Placental weights were reduced by 20% (n = 7 in each group, \( P = 0.02 \), Table 1). Fetal weight was positively correlated to placental weight in the control and MNR groups (control, \( r = 0.65, P = 0.02; \) MNR \( r = 0.75, P = 0.01, n = 7 \) in each group, Fig. 1).

**System A and system L activity in MVM.** At GD 165, MVM uptake of MeAIB was reduced by 73% in MNR compared with controls (control, 263 ± 48.5 pmol/mg × 20 s; MNR, 71 ± 13.7 pmol/mg × 20 s, \( n = 7 \)/group, \( P = 0.00071 \), Fig. 2).

Mediated MVM \( L \)-leucine uptake, indicative of system L activity, was reduced by 84% in MNR compared with controls (control, 4.6 ± 1.7 pmol/mg × 20 s; MNR, 0.7 ± 0.1 pmol/mg × 20 s, \( n = 7 \)/group, \( P = 0.0006 \), Fig. 3) at GD 165. Out of \( n = 7 \) in each group, three fetuses were female and four were male.

**Fv/M MPE ratios.** Fv/M MPE ratios were calculated for the nine amino acids that were infused in pregnant baboons and pregnant women at cesarean section (12, 43). In the baboon at GD 165, leucine and lysine were rapidly cleared from the maternal circulation in an exponential manner that was similar for the two amino acids (Fig. 4A). This decrease in isotope enrichment in the maternal circulation is representative of all nine amino acids studied.

Fv/M MPE ratios for isoleucine, methionine, histidine and lysine were comparable between pregnant women (\( n = 5–7 \)) at term and control baboons at GD 165 (\( n = 5 \)) (Fig. 4B). In contrast, the MPE ratios were significantly higher (\( P < 0.01 \)) for leucine, phenylalanine, threonine, valine, and tryptophan in the baboon compared with the human, which is consistent with the possibility that the baboon placenta has a higher transport capacity for some EAAs. In general, MPE ratios for the branched-chain amino acids leucine and isoleucine were higher than for tryptophan and lysine in both species, indicating a higher placental capacity to transport leucine and isoleucine.

**Statistical analysis.** All data are expressed as means ± SE. The significance of the difference between the two groups was calculated using the unpaired Student’s \( t \)-test. A \( P \) value of <0.05 was considered significant. The data were found to be normally distributed using the Kolmogorov-Smirnov test. Hence a parametric test was applied, and the data are represented as means ± SE.
Fv/M MPE levels of the EAAs leucine, isoleucine, methionine, phenylalanine, threonine, and tryptophan were reduced in the MNR group (n = 4) compared with controls (n = 5) at GD 165 in the baboon (P < 0.01, Fig. 4C).

DISCUSSION

In this study, we demonstrate that global MNR from GD 30 to GD 165 in the baboon is associated with 1) reduced activity of the placental nutrient transport systems A and L in isolated MVM; and 2) reduced transplacental transfer of EAAs. This is the first report in the nonhuman primate determining placental nutrient transport activity in vitro and in vivo in the same individuals, and our data provide strong validation for previous measurements of amino acid transport in isolated syncytiotrophoblast plasma membranes (11–14). Reduced activity of placental amino acid transporters has been reported in human IUGR due to placent al insufficiency in a number of studies and may be correlated with severity of IUGR (13, 18, 22, 34, 35). Downregulation of system A in the rat before the development of IUGR has been demonstrated in response to a low-protein diet, suggesting that reduced placental amino acid transport may directly contribute to, rather than be a consequence of, IUGR (18). However, the rodent placenta differs from that of humans and other primates in terms of structure, function, and physiology (8). The use of this well-established nonhuman primate model, which shares similarity to the human in terms of physiological changes of pregnancy and placentation (8), lends clinical relevance to this study. Furthermore, this type of dietary manipulation and the investigation of changes in placental amino acid transport before term cannot be conducted in pregnant women. However, mothers who experience food insecurity (39) may be exposed to comparable levels of calorie restriction, resulting in a similar degree of fetal growth restriction.

Our laboratory reported previously that the protein expression of SNAT2 as well as LAT1 and 2 isoforms mediating system A and system L transport, respectively, is reduced in MVM isolated from nutrient-restricted baboons at GD 165 (27). In the present study, we show that the downregulation of protein expression of system A and L isoforms in MVM results in a reduced amino acid uptake capacity mediated by systems A and L in vitro. In addition, we demonstrate that the in vivo fetal-to-maternal plasma enrichment ratios for a number of EAAs are lower in MNR compared with control. These data, together with the lower circulating levels of EAAs in the MNR fetus (27), strongly suggest that transplacental transport of amino acids is impaired in MNR. The activity and expression of placent al nutrient transporters in the placenta are regulated by the nutrient sensor mTOR, which, in turn, is influenced by growth factor signaling and the levels of nutrients, oxygen, and ATP. Our laboratory has previously demonstrated a decreased activity in placent al insulin/IGF-I and mTOR signaling pathways in response to MNR in the baboon (27) and in pregnant rats subjected to protein restriction (48). Collectively, these observations are consistent with the model that downregulation of placent al amino acid transporters, mediated by inhibition of growth factor and mTOR signaling pathways, may directly contribute to decreased fetal nutrient availability and restricted fetal growth in response to MNR.

This is the first study to assess transplacental transport of EAAs in vivo in the nonhuman primate. We have shown that the pattern of transplacental amino acid flux is similar in normal term pregnant women and control late gestation baboons, indicating that amino acid transport likely occurs via similar mechanisms in both species. This is further supported by the observation that the human and baboon placenta express the same glucose and amino acid transporter isoforms with comparable subcellular localization (27). Furthermore, the Fv/M MPE ratios for the amino acids leucine, isoleucine, methionine, phenylalanine, threonine, and tryptophan were reduced in MNR compared with control baboons at GD 165. We, therefore, provide direct evidence that the downregulation of system A and system L activity in MVM isolated from the placental villi of MNR baboons leads to decreased placent al amino acid transport and, consequently, reduced amino acid concentrations in the fetal circulation (24). In a previous study, fetal amino acid concentrations were determined in baboons at GD 90 (0.5 of gestation) and were found to be similar in control and MNR animals (37), and it was proposed that impaired placent al amino acid transport may be a feature of late gestation, when increasing fetal demand cannot be matched by maternal nutrient supply. The results of the present study are consistent with this hypothesis.

Numerous studies in the human and in different animal models have demonstrated that IUGR due to placental insuf-
efficiency is associated with reduced placental amino acid transport and decreased fetal levels of EAAs. For example, using stable isotopes, it has been reported that in vivo transplacental transport of leucine and phenylalanine is decreased in human IUGR, with decreased fetomaternal enrichment ratios of leucine correlating with disease severity (36, 42). In vivo studies of placental amino acid transport in sheep have shown that transplacental flux of leucine (50) and threonine (1) is decreased in a model of IUGR. In vitro studies of amino acid transport in MVM isolated from human IUGR placentas show decreased leucine and lysine uptake (22). Furthermore, placental amino acid transport is impaired in placental insufficiency subsequent to reduction of uteroplacental blood flow in the guinea pig (20). Collectively, these studies suggest that there are common placental responses, which includes downregulation of amino acid transport, to placental insufficiency and maternal undernutrition, and that these responses are conserved from rodents to humans.

The maternal plasma amino acid profile influences amino acid delivery to the fetus, as highlighted by maternal amino acid supplementation studies (24, 25, 44, 45, 56). However, although elevating the maternal concentration of EAAs in human IUGR increased the umbilical uptake of some amino acids, no changes in valine, phenylalanine, lysine, histidine, and threonine umbilical uptake was observed, suggesting that competition for the same transporter may be occurring in the placenta (45). In the present study, the Fv/M MPE ratios of valine, histidine, and lysine were unchanged in nutrient-restricted baboons compared with controls following EAA infusion, suggesting that similar alterations in placental amino acid transport mechanisms occur in human and baboon IUGR. Although EAAs such as valine and histidine are transported by other transporters than system L, they may compete for binding to this transporter in the placental barrier. It is possible to speculate that a preference for certain amino acids by the system L transporter may explain the finding that the in vivo transport of some, but not all, EAAs was decreased in MNR, despite decreased transporter protein expression (27) and leucine transport activity in response to MNR. However, the exact mechanisms are likely to be complex and remain to be elucidated.

IUGR is associated with increased incidence of obesity, insulin resistance, reduced lean body mass, diabetes, and neurodevelopmental impairment in adulthood (2, 3, 9, 28, 58). Reduced nutrient supply leads to alterations in the intrauterine environment, and fetal adaptations to this environment ensure maintenance of basal metabolic functions at the cost of fetal growth (15, 53). A reduction in the transplacental transport of amino acids could, therefore, impact a wide variety of fetal tissues in utero, resulting in developmental programming of adult disease in IUGR. Insulin is a primary fetal growth factor, which also acts via IGF-I to promote fetal growth (11, 14, 31, 40, 57). A reduction in the transport of these amino acids could, therefore, impact fetal insulin and IGF-I signaling, and indeed moderate nutrient restriction in the baboon causes reduced IGF-I expression in the placenta (30) and fetal frontal cortex (58), as well as the development of insulin resistance in juvenile offspring (9). Methionine plays a role in DNA methylation and folate metabolism (33). Nutrient restriction in the baboon alters fetal kidney and brain methylation patterns at 0.5 and 0.9 of gestation (54), consistent with an epigenetic mechanism for the developmental programming of adult diseases in IUGR (41). An alteration in folate metabolism during pregnancy is associated with anxiety and altered learning patterns in offspring (29), and offspring of MNR baboons exhibit more variations in emotional behavior compared with controls (28).

**Perspectives and Significance**

Maternal supplementation with amino acids has been proposed to be an attractive option to increase fetal growth in IUGR pregnancies. In this study, we report reduced transplacental amino acid transport in vivo and fetal growth restriction following moderate nutrient restriction at 0.9 of gestation in the baboon, a model that shares extensive similarities with human pregnancy. However, it is important to thoroughly understand the mechanisms of transplacental transport of amino acids, as well as the impact of individual amino acids on placental metabolism and fetal growth, before new treatments for IUGR can be developed. This study represents the first step in understanding transplacental amino acid flux in IUGR in a nonhuman primate model.

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DISCLOSURES
No conflicts of interest, financial or otherwise, are declared by the author(s).

AUTHOR CONTRIBUTIONS

REFERENCES


