Activation of the external urethral sphincter central pattern generator by a 5-HT$_{1A}$ receptor agonist in rats with chronic spinal cord injury

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Running head: EUS central pattern generator and 5-HT$_{1A}$ receptor

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Abstract

We recently demonstrated that treatment with the 5-HT1A/7 receptor agonist 8-OH-DPAT increases bladder capacity in chloralose-anesthetized female cats with chronic spinal cord injury. In the current study, we investigated the effects of 8-OH-DPAT on bladder capacity and external urethral sphincter (EUS) activity in urethane-anesthetized female rats (initial body mass 175-200 gm) with chronic spinal cord injury (transection at T10). Cystometric study took place 8-12 weeks post-transection. Intravesical pressure was monitored in urethane-anesthetized rats with a transvesical catheter and external urethral sphincter (EUS) activity was assessed electromyographically. Spinal cord injury disrupts phasic activity of the EUS, resulting in decreased voiding efficiency and increased residual volume. 8-OH-DPAT induced a dose-dependent decrease in bladder capacity (the opposite of its effect in chronic spinal cord injured cats) with an increase in micturition volume and decrease in residual volume resulting from improvement in voiding efficiency. The unexpected improvement in voiding efficiency can be explained by the 8-OH-DPAT-induced emergence of phasic EUS relaxation. Phasic EUS relaxation was also altered by 8-OH-DPAT in spinally intact rats, whereas the 5-HT1A receptor antagonist WAY-100635 on its own was without effect. It remains to be determined when phasic relaxation is restored after spinal cord injury, and indeed whether it is ever truly lost or is only temporarily separated from excitatory input.

key words: 5-HT1A receptors, bladder, micturition, neurogenic voiding, detrusor, urethra
Introduction

Ligands acting at 5-HT\textsubscript{1A} receptors modify lower urinary tract function (8, 28). Thus, in spinally intact rats 5-HT\textsubscript{1A} receptor agonists increase and 5-HT\textsubscript{1A} receptor antagonists decrease urinary frequency through actions at both supraspinal and spinal levels (17, 21, 33, 34). The source of most spinal cord 5-HT-containing terminals are neuronal somata located in brainstem raphe nuclei (2). Spinal cord neuronal 5-HT\textsubscript{1A} receptors, and likewise many 5-HT-containing terminals, are found both in the dorsal horn and in the ventral horn motor nucleus driving the external urethral sphincter (EUS) and external anal sphincter (36). (The ventral horn motor nucleus is known as Onuf’s nucleus in the human; its homologs in the rat are the dorsomedial and dorsolateral nuclei, lumped together as Onuf’s nucleus in this paper for generality.)

This important supraspinal control system is lost when spinal cord transection interrupts axons of the brainstem 5-HT-producing neurons. However, 5-HT\textsubscript{1A} receptors remain within the spinal cord following destruction of descending 5-HT-containing pathways in the rat (20, 29) and spinal cord transection in the cat (12). Thus, 5-HT receptor agonists remain potential therapeutic agents in the setting of spinal cord injury. This therapeutic potential is supported by our recent finding that the 5-HT\textsubscript{1A/7} receptor agonist 8-OH-DPAT increases bladder capacity in chronic spinal cord injured cats (15). In contrast, previous studies in rats with chronic spinal cord injury showed that intrathecal 8-OH-DPAT promoted bladder contractions under isovolumetric conditions (21). However, those conditions do not allow for a full assessment of the effects of 5-HT\textsubscript{1A} receptor ligands on micturition, a process involving the entire lower urinary tract (e.g., bladder capacity, micturition volume, residual volume, and EUS effects).

In spinally intact cats, EUS activity is minimal during voiding and under nociceptive but not innocuous conditions 8-OH-DPAT enhances EUS activity between voids without interfering
with the EUS relaxation during voids (35). In spinally intact rats, on the other hand, alternating EUS activation and relaxation occurs at about 6 Hz during voiding (19). Voiding efficiency in spinally intact rats is reduced when this phasic EUS activity during voiding is prevented (37). In spinal cord injured rats, tonic rather than phasic EUS-EMG activity occurs during bladder contractions (19), commonly producing overflow incontinence. The effect of 8-OH-DPAT on phasic EUS-EMG activity in spinally intact and spinal cord injured rats has not been previously described.

In this study, we examine the effect of 8-OH-DPAT on micturition during open cystometry in chronic spinal cord injured rats, paying particular attention to the activity of the EUS.
Materials and Methods

A total of 20 female Sprague-Dawley rats (Charles River, Wilmington, DE) with an initial body mass of 175-200 gm was used. The experimental protocol was approved by the animal care and use committee of the Durham Veterans Affairs Medical Center. Spinal cord injury was produced in 9 of the rats by transection at the T10 level; cystometric study occurred 8-12 weeks post-transection.

Cystometric methods. General cystometric methods were much as we have previously described (14). Rats were anesthetized with urethane (1.3 g/kg, s.c.; Sigma, St. Louis, MO); at this dose level, anesthesia was very long-lasting and did not require supplementation. A polyethylene catheter (PE-50) was placed in the left jugular vein for i.v. drug administration. The urinary bladder was exposed via a midline abdominal incision, a polyethylene catheter (PE-90) with a flared end was inserted through the bladder dome, and a suture was tightened around it. The other end of the bladder catheter was connected to a syringe pump (Harvard Apparatus Model 975, South Natick, MA) for continuous infusion of saline and to a pressure transducer (Gould Ohmeda Model P23XL-1, Valley View, OH) for intravesical pressure monitoring. Physiological saline was infused at room temperature into the bladder to elicit repeated voiding responses. The infusion rate was 0.11-0.15 ml/min for spinally intact rats and 0.30-1.10 ml/min for spinal cord injured rats (similar to (19)); the higher rate of infusion is necessary in spinal cord injured rats with their enlarged bladders to ensure the occurrence of a voiding contraction within 10 min of drug administration. The voided fluid was collected in a syringe connected to a force transducer (Kulite model A-934, Leonia, NJ) which was calibrated to determine the micturition volume. Intravesical pressure and micturition volume were sampled at 50 Hz. The cystometric variables analyzed were micturition volume (voided volume), residual volume (volume
remaining in the bladder after voiding), bladder capacity (micturition volume plus residual volume), and peak intravesical pressure.

EUS electromyography (EUS-EMG). To record the EUS-EMG, 0.005” diameter Medwire AG5T polytetrafluethylene-coated silver wire electrodes (Sigmund Cohn, Mount Vernon, NY) were inserted percutaneously into the vicinity of the EUS. The electrodes were connected through a Model HIP5 high impedance probe (Grass, Quincy, MA) to a Grass P5 preamplifier. EUS-EMG data were sampled at 5000 Hz, 5-10 times the frequency of the major peaks as recommended to prevent aliasing (6). During voiding, the EUS-EMG of urethane-anesthetized spinally intact rats is characterized by a series of alternating bursts and pauses. In urethane-anesthetized spinal cord injured rats, activity was tonic during voiding contractions (bladder-sphincter dyssynergia) which consequently result only in overflow incontinence; however, pauses interrupting the otherwise tonic activity were elicited by 8-OH-DPAT treatment. The characteristics of the alternating bursts and pauses were very variable in the drug-treated spinal cord injured rats, which made unbiased counting of the pauses difficult. However, empirical study using a wide variety of signal analysis techniques failed to improve upon unassisted human counting. Accordingly, counts of pauses in the EUS-EMG activity records were made by an observer blinded as to treatment.

Experimental protocols. Three different experimental protocols were employed in the course of this study; data from different protocols were not combined. Protocol 1 (3 spinally intact and 2 spinal cord injured rats) included both free-running cystometry (continuous infusion with reflex voiding) and filling cystometry (filling of the initially empty bladder until the beginning of voiding). After a few free-running micturition cycles, vehicle or drug was administered and the ensuing response observed for a few more cycles. The bladder was then emptied and three
reproducible filling cystometrograms were obtained at each vehicle or drug dosage before returning to free-running conditions. In Protocol 2 (5 spinally intact and 6 spinal cord injured rats), free-running cystometry was omitted; after at least three reproducible filling cystometrograms were obtained, vehicle or 8-OH-DPAT was administered (0.003-1 mg/kg i.v.) and then another filling cystometrogram was performed from which measurements were taken. Successive doses were administered cumulatively at short intervals (22 minutes maximum). The 5-HT_{1A} receptor antagonist WAY-100635 was administered at 0.3 mg/kg i.v. after each 8-OH-DPAT dose-response curve in both Protocols 1 and 2. Protocol 3 (4 spinally intact rats) was the same as Protocol 2 except that a dose-response study for the 5-HT_{1A} receptor antagonist WAY-100635 (0.003-0.3 mg/kg i.v.) rather than 8-OH-DPAT was performed.

**Drugs.** 8-OH-DPAT ((R)-(+)8-hydroxy-2-(di-n-propylamino)tetralin, Sigma Chemical Co., St. Louis) and WAY-100635 (N-tert-butyl-3-(4-(2-methoxyphenyl)-piperazin-1-yl)-2-phenylpropanamide, Sigma) were dissolved in distilled water. Affinities (pKᵢ values) of 8-OH-DPAT at 5-HT_{1A} and 5-HT_{7} receptors are 8.7 and 7.4, respectively (16), while the pKᵢ of WAY-100635 for 5-HT_{1A} and 5-HT_{7} receptors are 8.8 and 6.5, respectively (32). Drug solutions were administered in a volume of 0.2 ml followed by a 0.2 ml flush of saline.

**Statistics and graphical displays.** To estimate the differential effects of doses and their standard errors, we fit ordinary least squares regressions with indicator variables for “rat effects” (i.e., interanimal differences in bladder characteristics) and dose effects (25). This is equivalent to a repeated measures analysis of variance with rats as the blocking variables and the drugs as the treatments. The blocking, which is appropriate because measurements are done within rats, reduces the standard errors relative to incorrectly analyzing the data without adjusting for differences across rats. Such blocking is essential because the variation in outcomes across rats
can swamp the variation of outcomes within rats. Regression models were fit separately for each group of rats (intact vs. spinal cord injured) using all observed data. Hypothesis tests were performed using standard t-tests with Bonferroni corrections for the number of dose levels. All data analysis was performed using S-Plus v. 6.0 for Windows (Insightful, Seattle). Diagnostic checks of the model indicate adequate fit.

In each dose-response curve figure, the leftmost value is the average obtained with vehicle treatment for that group. The value at each drug dose equals the vehicle average plus the estimated average effect of the dose relative to vehicle. For example, the vehicle average for micturition volume in SCI rats is 0.14 ml (Table 1, and “V” in Figure 3, top left panel). After controlling for differences across rats, the effect of a dose of 0.3 mg/kg 8-OH-DPAT is to add, on average, 0.24 ml to the vehicle average (yielding the starred value of 0.38 ml in Figure 3, top left panel). These estimated dose effects, along with their displayed standard errors, are obtained from the linear regression. The standard errors are appropriate for testing hypotheses that average values at each drug dose differ from average values with vehicle alone. Vehicle averages are not plotted with standard errors because comparisons of vehicle against vehicle are meaningless. However, vehicle averages are given with conventional estimates of SEM in Table 1.
Results

Spinally intact rats and chronic spinal cord injured rats exhibit very different types of EUS-EMG activity during bladder contractions under urethane anesthesia; spinally intact rats show heightened tonic activity interrupted by phasic relaxations (Figure 1A), whereas chronic spinal cord injured rats show only the heightened tonic activity and thus bladder-sphincter dyssynergia (Figure 1B). In Protocol 1, intravenous administration of 8-OH-DPAT to spinal cord injured rats resulted in dose-dependent emergence of phasic EUS relaxations (Figure 2A). This drug-induced change was of relatively short duration (in this rat, about 20 min at 0.1 mg/kg i.v.), reflecting the short half-life of 8-OH-DPAT in vivo.

Because of the short half-life of 8-OH-DPAT action, we used Protocol 2 so that each dose of 8-OH-DPAT was given immediately before a single filling cystometrogram was done. The results of such an experiment in one chronic spinal cord injured rat are shown in Figure 2B. It is evident that 8-OH-DPAT causes the dose-dependent interpolation of pauses into the otherwise tonic EUS-EMG activity, yielding phasic activity. Although both pauses and bursts appear to be lengthened compared to those of spinally intact rats (vide infra), the basic pattern is very much the same.

Dose-response curves for cystometric variables in spinal cord injured rats are shown in Figure 3. With increasing doses of 8-OH-DPAT, micturition volume increased from 0.14 ml (SD 0.08) with vehicle to 0.31 ml (SD 0.14) at 1 mg/kg whereas decreases were seen for residual volume (from 3.68 ml (SD 1.36) to 2.00 ml (SD 0.64)), bladder capacity (from 3.82 ml (SD 1.40) to 2.31 ml (SD 0.67)), and peak intravesical pressure (from 33.2 mmHg (SD 8.3) to 24.8 mmHg (SD 3.0)). All of these changes were reversed by treatment with the 5-HT$_{1A}$ receptor antagonist WAY-100635 at 0.3 mg/kg i.v. (Figure 4). The rise in micturition volume and fall in bladder
capacity concomitant with 8-OH-DPAT treatment indicate an improvement in voiding efficiency, taken as the ratio of micturition volume to bladder capacity and expressed as a percentage, from 4.0% (SD 2.7) with vehicle administration to 14.1% (SD 6.7) with 1 mg/kg 8-OH-DPAT, and back to 4.8% (SD 2.7) following 0.3 mg/kg WAY-100635 (Figure 4). The changes in micturition volume, residual volume, bladder capacity and voiding efficiency all achieved statistical significance between 0.03 and 0.1 mg/kg (Figure 3). As shown in the final panel of Figure 3, this is also the point at which the number of pauses interpolated into the EUS-EMG rose dramatically from 2.0/micturition (SD 2.8) with vehicle to 18.2/micturition (SD 3.4) at 1 mg/kg. The increase in number of pauses per micturition was also completely reversed with WAY-100635 (Figure 4).

We next investigated spinally intact rats. The effects on the EUS-EMG were discernible in some (but not all) rats, as shown in Figure 5. Figure 5A shows the results from a rat which showed very little change in the duration during which phasic relaxation occurred, but nonetheless showed substantial changes in the lengths of the individual pauses and thus in the number of pauses per micturition contraction. Figure 5B shows the results from another rat which did show a substantial change in the duration during which phasic relaxation occurred, and again showed substantial change in the lengths of the individual pauses. Other rats showed no easily discernible changes in EUS-EMG activity. Clearly, more extensive study is needed to fully characterize 8-OH-DPAT effects in spinally intact rats. Associated with the variable changes in EUS-EMG activity, the changes in cystometric variables were not in any case significant (except intermittently for micturition volume) as summarized in Figure 6. However, there are noteworthy differences which might become statistically significant with larger
numbers of animals, especially the number of pauses per micturition (which was significantly increased for 2 of the 3 highest doses without Bonferroni correction).

That 8-OH-DPAT induced phasic relaxation in chronic spinal cord injured rats suggested the possibility that phasic relaxation depends upon descending 5-HT stimulation of 5-HT$_{1A}$ receptors in the spinally intact rat which is lost upon spinal cord transection. However, treatment with 0.3 mg/kg WAY-100635 in the 6 spinally intact rats following the highest dose of 8-OH-DPAT did not suppress phasic relaxation as it did in chronic spinal cord injured rats. Furthermore, experiments of Protocol 3 showed that the number and rate of pauses per micturition was not altered by WAY-100635 treatment (data not shown). Thus, stimulation of 5-HT$_{1A}$ receptors is sufficient but not necessary for the generation of phasic EUS pauses.
Discussion

The principal findings of this study are that the 5-HT$\textsubscript{1A}$ receptor agonist 8-OH-DPAT induces periodic EUS relaxation during voiding in urethane-anesthetized chronic spinal cord injured rats and that this results in an increase in micturition volume, a decrease in bladder capacity, and thus an increase in voiding efficiency, and that these actions are reversed by the 5-HT$\textsubscript{1A}$ receptor-selective antagonist WAY-100635. These effects are likely brought about both by periodically reducing outlet resistance and by producing a “pumping” action. Additionally, 8-OH-DPAT induces subtler changes in EUS-EMG activity in spinally intact rats which do not significantly affect cystometric variables, while WAY-100635 is without effect on phasic EUS activity in spinally intact rats (although it is known to affect some other cystometric variables (7, 17)). Below, we consider these points in turn and relate them to schematics of pathways controlling micturition in spinally intact and chronic spinal cord injured rats depicted in Figure 7. For convenience, many connections which might in fact be polysynaptic are shown as monosynaptic, and all elements are depicted as if in the same segment(s) although recent data suggest this is not true for the control of phasic EUS activity (3).

As the bladders of spinally intact rats begin to contract, tonic EUS activity increases before voiding begins (14). This is due mostly to a spinal reflex given that it survives spinal cord injury even acutely in rats (27, 38) and humans (18, 24) and in that setting is presumably the basis for simultaneous contractions of bladder and EUS (bladder-sphincter dyssynergia). The pathway controlling this *spinal tonic EUS reflex* is schematized in Figure 7 as running from afferent neurons to excitatory interneurons to Onuf’s nucleus motor neurons and thence to the EUS.

Increasing afferent drive as the bladder fills also eventually activates a supraspinal “switch” (Figure 7, top) whereupon descending pathways activate parasympathetic preganglionic neurons
of the sacral parasympathetic nucleus (SPN), inducing bladder contraction, and also activate inhibitory interneurons of the dorsal gray commissure (DGC), inhibiting EUS motor neurons and thereby allowing EUS relaxation during bladder contraction. Whereas the EUS is continuously relaxed during voiding in many species including humans, it is phasically relaxed in rats. This requires central pattern generation “in which oscillatory motor output is generated in the absence of any oscillatory input” (11). Whereas central pattern generators typically involve the generation of bursts of activity against a silent background, the central EUS pattern generator may be a “pause generator” which interpolates pauses into the otherwise tonic activity arising from the spinal tonic EUS reflex (14). We have schematized this in Figure 7 (top) as being due to DGC inhibitory interneurons which exhibit self-inhibition (31), such that their activation quickly leads to their inhibition, which again permits their excitation, and so on. The self-inhibition may actually depend upon polysynaptic rather than monosynaptic connections; for example, the same effect would be achieved if the DGC interneurons inhibit those neurons responsible for their excitation. This interpretation leads to the recognition that micturition in humans and rats is more similar than is commonly believed: the rat simply has periodic rather than tonic relaxation during voiding.

Complete spinal cord injury generally prevents tonic relaxation of the EUS in humans during voiding contractions (1, 30) and similarly prevents phasic relaxation of the EUS in deeply urethane-anesthetized spinal cord injured rats. This markedly decreases voiding efficiency, which can be improved in both humans (9, 22) and rats (37) by enforcing EUS relaxation with neuromuscular blockade. The present study shows that 8-OH-DPAT administration restores phasic relaxation of the EUS in urethane-anesthetized chronic spinal cord injured rats and by this quite different mechanism increases voiding efficiency.
In spinally intact rats, in which phasic EUS relaxation is already effective in appropriately lowering urethral resistance during bladder contractions, 8-OH-DPAT correspondingly had very little effect on cystometric variables. This is not surprising, given that increasing the *duration* of individual phasic relaxations might either antagonize or promote efficient voiding in spinally intact rats. Thus, in those spinally intact rats which had numerous phasic relaxations before drug treatment, the lengthening of relaxations could actually antagonize efficient voiding, given that complete blockade of EUS contractions in spinally intact rats with alpha-bungarotoxin reduces voiding efficiency (37). On the other hand, in spinally intact rats with infrequent phasic relaxations before drug treatment, voiding efficiency could presumably be enhanced. These speculations must be conditioned by at least two other crucial considerations: first, augmented phasic relaxation outliving the length of the bladder contraction – assuming that is possible – cannot improve voiding efficiency, and second, voiding efficiency cannot be improved beyond 100% (which it regularly approaches or attains in spinally intact rats; see Figure 6).

In any case, that 8-OH-DPAT modified EUS-EMG pause generation both in some spinally intact rats and in chronic spinal cord injured rats suggests that the same pattern generator is being targeted in both spinally intact and chronic spinal cord injured rats and that in both cases the central EUS pattern generator has a spinal locus rather than a supraspinal one. The mechanism underlying the rat’s central EUS pattern generator is unknown. However, while 8-OH-DPAT can induce pauses in urethane-anesthetized chronic spinal cord injured rats, 5-HT input cannot be a requirement for pause generation in conscious rats. First, as shown in this study, WAY-100635 does not affect pause generation in spinally intact rats. Second, pauses resume in conscious rats with chronic complete midthoracic spinal cord transection (4) in which descending 5-HT input has been irreversibly removed (23, 26).
Sustained excitatory input to the DGC inhibitory interneurons during the micturition contraction is a crucial part of the generation of phasic activity. Since this input is lost upon transection, plasticity in the form of replacement of lost supraspinal inputs with new inputs, perhaps from the same afferent neurons driving the spinal tonic EUS reflex, would have to develop. Similar problems beset other hypothetical mechanisms. Thus, even if the elements of the spinal EUS pattern generator remain (explaining the conserved pattern of phasic relaxation in chronic spinal cord injured rats), spinal cord plasticity must occur for activation of the spinal pattern generator. The locus and even the timing of such plasticity remains unknown, which is schematically represented in Figure 7 (bottom) as being due to “spinal micturition reflex neurons” which could be projection neurons, excitatory interneurons innervating Onuf’s nucleus, or other interneurons.

It must be noted that activation of bladder contraction and subsequently of pause generation may require a switch mechanism just as in spinally intact rats. In spinally intact rats, the switch is located in the pons (Figure 7, top); excitatory output to the SPN parasympathetic preganglionic neurons (and to the spinal EUS pattern generator) occurs when the switch is closed, leading to the sudden generation of high bladder pressures from a low threshold value. The rapid rise and fall in bladder pressure which is the ultimate sign of switch activity – just as sudden pontine neuronal output is the proximate sign – also occurs in chronic spinal cord injured rats whether open or isovolumic cystometry is employed. Certainly, the rapid rise in bladder pressure indicates that SPN parasympathetic preganglionic neuronal output is not the consequence of a gradual monosynaptic increase in afferent input. Conceivably there could be a switch-like increase of afferent input due to the sudden activation of a set of previously silent afferent neurons, which would have to be capsaicin-insensitive fibers because the spinal micturition
reflex in the chronic spinal cord injured rat survives capsaicin treatment (5). In any case, we suggest that the switch in chronic spinal cord injured rats has a spinal locus, and that its activation by afferent neurons drives the SPN parasympathetic preganglionic neurons.

Our hypothetical framework for coordinated bladder contraction and phasic EUS relaxation in the chronic spinal cord injured rat thus includes a capsaicin-insensitive afferent input to a switch which, just as in the intact rat, directly or indirectly controls excitation of the parasympathetic preganglionic neurons. Because phasic EUS relaxation is not seen except in the setting of a bladder contraction, we assume that activation of the switch is required for activation of the spinal EUS pattern generator. Because spinal micturition reflex-driven voiding contractions occur in tandem with phasic relaxation (this study and (4)), the switch must be found proximal to both SPN parasympathetic preganglionic neurons and the spinal EUS pattern generator (Figure 7, bottom). We have schematized the limb of the reflex pathway which activates the EUS pattern generator to emphasize three important features. (1) It is inhibited by urethane, because phasic relaxation occurs in chronic spinal cord injured rats which are conscious (4) but not in those which are urethane-anesthetized (e.g., pre-8-OH-DPAT rats in this study). (2) It is stimulated by 8-OH-DPAT (this study). (3) It is apparently either absent or inhibited in humans, for which reason humans maintain bladder-sphincter dyssynergia. It may additionally be inhibited by κ2 opiate receptor agonists as it is in spinally intact rats (14). It remains to be demonstrated when the EUS pattern generator is restored after spinal cord injury, whether it is ever truly lost as opposed to merely being separated from its excitatory input, and finally whether the human analog (which yields tonic rather than phasic relaxation) can be activated in humans after spinal cord injury.
Text footnotes

The material in this manuscript was presented in part at the 2003 annual meeting of the Society for Neuroscience (10) and the 2004 annual meeting of the American Urological Association (13).
Acknowledgments

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References


Figure legends

Figure 1: The EUS-EMG in spinally intact and spinal cord injured urethane-anesthetized rats.
A: In this spinally intact rat with a filling rate of 0.15 ml/min, the micturition contraction (asterisk) occurred at about 4 min and was associated with markedly heightened EUS-EMG activity; as shown in the 8-sec expanded view on the right, tonic activity rose during the micturition contraction until phasic activity and intravesical pressure (IVP) high frequency oscillations occurred (asterisk). B: In this spinal cord injured rat with a filling rate of 0.42 ml/min, the micturition contraction at about 8 min (asterisk) was preceded by several nonvoiding contractions associated with elevated EUS-EMG activity (two-headed arrow); as shown in the 8-sec expanded view on the right, the micturition contraction was associated with only tonic and not phasic EUS-EMG activity.

Figure 2: 8-OH-DPAT and the EUS-EMG in spinal cord injured rats. A: Time course of effects of 0.1 mg/kg i.v. dose of 8-OH-DPAT on EUS-EMG activity; time marked is relative to time of injection. During continuous infusion cystometry, successive micturition contractions are associated with an initially long period of phasic EUS-EMG activity, declining over time until almost at pre-8-OH-DPAT values by 16.1 min post-injection. B: Effect of increasing i.v. doses of 8-OH-DPAT and finally of 0.3 mg/kg i.v. WAY-100635 on EUS-EMG activity with continuous infusion cystometry in a chronic spinal cord injured rat. A clear dose-related response of 8-OH-DPAT and complete reversal by WAY-100635 are evident.

Figure 3: Dose-response curves for the effects of 8-OH-DPAT on cystometric variables in chronic spinal cord injured rats. Asterisks indicate significant increases in micturition volume,
voiding efficiency and EUS-EMG pauses per micturition and decreases in residual volume and bladder capacity relative to vehicle values (V); intravesical pressure was not significantly affected. The increase in micturition volume, decrease in residual volume, and consequent increase in voiding efficiency are likely all consequences of the increased number of EUS-EMG pauses (and thus EUS relaxations) during the micturition contraction.

Figure 4: The effect of the 5-HT\textsubscript{1A} receptor antagonist WAY-100635 (0.3 mg/kg, i.v.) on responses produced by the maximal dose of 8-OH-DPAT (1 mg/kg, i.v.). The WAY-100635 treatment reversed 8-OH-DPAT effects on micturition volume, residual volume, bladder capacity, voiding efficiency and EUS-EMG pauses per micturition as indicated by the significant differences for those variables between 8-OH-DPAT and WAY-100635, and the lack of significant differences between vehicle and WAY-100635.

Figure 5: Effect of increasing doses of 8-OH-DPAT on EUS-EMG activity in two spinally intact rats. A: In this rat with numerous EUS-EMG pauses per micturition, the duration of phasic activity was only slightly altered but the length of individual pauses increased whereas the number of pauses declined. B: In this rat with few EUS-EMG pauses per micturition, both the duration of phasic activity and the length of individual pauses increased. Some rats showed no obvious difference in duration of phasic activity or of pauses.

Figure 6: Dose-response curves for the effects of i.v. 8-OH-DPAT on cystometric variables in spinally intact rats. Apart from irregular declines in micturition volume, there was no significant effect of 8-OH-DPAT on any cystometric variable. The lack of significance of the increase in
EUS-EMG pauses per micturition with rising 8-OH-DPAT reflects the considerable variability of response such as shown in Figure 5.

Figure 7: Reflex micturition pathways in spinally intact (top) and chronic spinal cord injured (bottom) rats. Excitatory neurons in blue (their connections marked with blue “+” signs); dorsal gray commissure inhibitory interneurons, proposed to represent the spinal EUS pattern generator in the rat, in red (their connections marked with red “-” signs). Many connections depicted as monosynaptic may instead be polysynaptic, heterogeneity among afferent neurons is disregarded, and some known pathways are not included. The schematics should not be taken to imply that all interactions take place at the same spinal cord level. Please refer to the Discussion for further description of the schematics. DGC = dorsal gray commissure, EUS = external urethral sphincter, MPG = major pelvic ganglion, SPN = sacral parasympathetic nucleus.
**Tables**

Table 1: Mean values for cystometric variables during vehicle infusion (SD in parentheses).

<table>
<thead>
<tr>
<th>state</th>
<th>n</th>
<th>MV, ml</th>
<th>RV, ml</th>
<th>Cap, ml</th>
<th>Void Eff, %</th>
<th># Pauses</th>
<th>Peak p, mmHg</th>
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<td>intact</td>
<td>5</td>
<td>0.27 (0.11)</td>
<td>0.04 (0.06)</td>
<td>0.31 (0.15)</td>
<td>89.2 (15.0)</td>
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<td>3.68 (1.36)</td>
<td>3.82 (1.40)</td>
<td>4.0 (2.7)</td>
<td>2.0 (2.8)</td>
<td>33.2 (8.3)</td>
</tr>
</tbody>
</table>

Abbreviations: SCI = spinal cord injury, n = number of rats, MV = micturition volume, RV = residual volume, Cap = bladder capacity (MV + RV), Void Eff = voiding efficiency, # Pauses = number of EUS-EMG pauses during voiding, Peak p = peak intravesical pressure.
spinally intact

INPUT

pontine micturition center

switch

spinal cord injury

OUTPUT

afferent neurons
projection neurons
excitatory interneurons

DGC

SPN

MPG

bladder

κ₂-OR agonist inhibits

Self inhibition leads to phasic EUS relaxation in rat; absence of self inhibition leads to tonic EUS relaxation in human.

Onuf's nucleus motor neurons

EUS

spinal micturition reflex neurons

afferent neurons

excitatory interneurons

DGC

Onuf's nucleus motor neurons

new switch

urethane inhibits; 5-HT₆ agonist stimulates; absent or inhibited in human?