

Divergent Phenotype of Rat Thoracic and Abdominal Perivascular Adipose Tissues

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ABSTRACT

Perivascular adipose tissue (PVAT) is implicated as a source of pro-atherogenic cytokines. Phenotypic differences in local PVAT depots may contribute to differences in disease susceptibility among arteries and even regions within an artery. It has been proposed that PVAT around the abdominal and thoracic aorta share characteristics of white and brown adipose tissue (BAT), respectively; however, a detailed comparison of the phenotype of these PVAT depots has not been performed. Using young and older adult rats, we compared the phenotype of PVATs surrounding the abdominal and thoracic aorta to each other and also to epididymal white and subscapular BAT. Compared to young rats, older rats exhibited greater percent body fat (34.5 ± 3.1 vs. $10.4 \pm 0.9\%$), total cholesterol (112.2 ± 7.5 vs. 58.7 ± 6.3 mg/dL), HOMA-insulin resistance (1.7 ± 0.1 vs. 0.9 ± 0.1 a.u.), as well as reduced acetylcholine-induced relaxation of the aorta (maximal relaxation: 54 ± 10 vs. $77 \pm 6\%$) (all $p < 0.05$). Expression of inflammatory genes and markers of immune cell infiltration were greater in abdominal PVAT than in thoracic PVAT, and overall, abdominal and thoracic PVATs resembled the phenotype of white and BAT, respectively. Histology and electron microscopy indicated structural similarity between visceral white and abdominal PVAT and between BAT and thoracic PVAT. Our data provide evidence that abdominal PVAT is more inflamed than thoracic PVAT, a difference that was by and large independent of sedentary aging. Phenotypic differences in PVAT between regions of the aorta may be relevant in light of the evidence in large animals and humans that the abdominal aorta is more vulnerable to atherosclerosis than the thoracic aorta.

INTRODUCTION

It is now established that white adipose tissue plays a wide-ranging physiological role far beyond the simple paradigm of fat storage (23, 24, 40, 45). The finding that measures of adiposity relate to vascular function outcomes (29) suggests the existence of signaling pathways, or crosstalk, between adipose tissue and vascular cells. Indeed, adipose tissue functions as a highly active endocrine and paracrine organ producing a variety of cytokines that mediate the communication with vascular cells (23, 24, 40, 45). As such, recent studies implicate adipose tissue that surrounds large arteries, i.e. perivascular adipose tissue (PVAT), as a local source of inflammatory cytokines that may be involved in the initiation of vascular dysfunction and atherosclerotic disease (6, 8, 13, 14, 28, 34, 35, 45).

The non-uniform distribution of atherosclerosis throughout the arterial tree suggests that localized factors modulate the susceptibility of vascular cells to disease. While it is well-recognized that alterations in shear stress play a key role in the regulation of phenotypic heterogeneity of vascular cells (5, 22, 48, 50, 52), it is also possible that phenotypic differences among local PVAT depots may contribute to differences in disease susceptibility among arteries and even regions within an artery. In this regard, it has been proposed that PVAT around the abdominal and thoracic aorta share characteristics of white and brown adipose tissue (11, 12, 37), respectively. For example, Fitzibbons et al. (11) recently performed a genome-wide microarray study in mice to compare thoracic PVAT and interscapular brown adipose tissue and concluded that PVAT from the thoracic aorta is virtually identical to interscapular brown adipose tissue. However, whether the extent of phenotypic differences between abdominal and thoracic PVAT depots is similar to that found between white and brown adipose tissue remains unclear. Accordingly, the study presented herein was designed to directly compare the phenotype of

abdominal and thoracic PVAT depots using visceral white and subscapular brown adipose tissues as references in young and older adult overfed sedentary rats. Because white adipose tissue is more prone to the expansion of adipocytes and infiltration of immune cells than brown adipose tissue (11), we hypothesized that expression of inflammatory genes and markers of immune cell infiltration would be greater in abdominal PVAT than in thoracic PVAT. Further, we reasoned that increased adiposity associated with sedentary aging would result in greater magnitude of inflammation in abdominal PVAT, relative to thoracic PVAT, such that phenotypic differences between fat depots would be more pronounced.

METHODS

Animal protocol

The animal protocol was approved by the Institutional Animal Care and Use Committee at the University of Missouri. Male Wistar rats (n=12) were used for the present study. All rats were housed in the College of Veterinary Medicine's animal Care Facility since the time of birth. Rats were maintained in a temperature-controlled (21°C) environment on a 12:12-h light-dark cycle (7 AM to 7 PM) and remained sedentary throughout the course of the study. All animals were given *ad libitum* access to standard chow with a macronutrient composition of 56% carbohydrate, 17% fat, and 27% protein (Formulab 5008, Purina Mills, St Louis, MO). At time of sacrifice rats were 3 (n=6) and 13 (n=6) months of age. Rats were anesthetized, between 8 AM and 9 AM, with an intraperitoneal injection of sodium pentobarbital (100mg/kg). Tissues were then harvested and animals were euthanized by removal of the heart in full compliance with the American Veterinary Medical Association Guidelines on Euthanasia. Food was removed from the cages 12 hours prior to sacrifice.

Body composition

Body composition was assessed by dual energy x-ray absorptiometry (DXA; Hologic QDR-1000, calibrated for rodents) on the day of sacrifice. Epididymal adipose tissue depots were removed and weighed to the nearest 0.01 g. To control for age-related changes in growth, epididymal fat weight was normalized to total body weight and tibia length. The measurement of tibia length was obtained from the DXA scan. PVAT and subscapular brown adipose tissue weights were not determined because priority was given to the assessment of gene expression which requires immediate freezing of the tissues in order to accurately reflect the *in vivo* phenotype.

Adipose tissue sampling

Epididymal white adipose tissue, subscapular brown adipose tissue, PVAT surrounding the abdominal aorta, and PVAT surrounding the thoracic aorta were quickly excised from the anesthetized rat. For each fat depot, a portion was flash frozen for examination of gene expression, a portion was placed in neutral-buffered 10% formalin for histology analysis, and a portion was placed in 2% paraformaldehyde, 2% gluteraldehyde in 0.1 M sodium cacodylate solution for electron microscopy analysis.

Blood parameters

Plasma samples were prepared by centrifugation and stored at -80°C until analysis. Glucose, triglycerides, and non-esterified fatty acids (NEFA) assays were performed by a commercial laboratory (Comparative Clinical Pathology Services, Columbia, MO) on an Olympus AU680 automated chemistry analyzer (Beckman-Coulter, Brea, CA) using commercially available assays according to manufacturer's guidelines. Plasma insulin concentrations were determined using a commercially available, rat-specific ELISA (Alpco

Diagnostics, Salem, NH). In addition, plasma samples were assayed in duplicate for concentrations of leptin, interleukin 6 (IL-6), monocyte chemoattractant protein-1 (MCP-1), and tumor necrosis factor alpha (TNF- α) using a multiplex cytokine assay (Millipore Milliplex, cat no. RCYTOMAG-80K; Billerica, MA, USA) on a MAGPIX instrument (Luminex Technologies; Luminex Corp., Austin, TX, USA) according to the manufacturer's instructions (16).

RNA extraction and real-time PCR

We selected a panel of 14 adipose tissue-related genes to provide information regarding the regulation of inflammatory gene expression and immune cell infiltration. In addition, we included peroxisome proliferator-activated receptor gamma (PPAR- γ) and uncoupling protein 1 (UCP-1), a marker of brown-like fat. Adipose tissue samples were homogenized in TRIzol solution using a tissue homogenizer (TissueLyser LT, Qiagen, Valencia, CA). Total RNA was isolated using the Qiagen's RNeasy Lipid Tissue Kit and assayed using a Nanodrop spectrophotometer (Thermo Scientific, Wilmington, DE) to assess purity and concentration. First-strand cDNA was synthesized from total RNA using the High Capacity cDNA Reverse Transcription kit (Applied Biosystems, Carlsbad, CA). The reactions were incubated in a PCR Express Hybaid thermal cycler (Hybaid, Franklin, MA). Quantitative real-time PCR was performed as previously described (32) using the ABI StepOne Plus sequence detection system (Applied Biosystems, Foster City, CA). Primer sequences (Table 1) were designed using the NCBI Primer Design tool. All primers were purchased from IDT (Coralville, IA). A 12.5- μ l reaction mixture containing 10 μ l of Maxima SYBR Green/ROX qPCR Master Mix (Thermo Scientific) and the appropriate concentrations of gene-specific primers plus 2.5 μ l of cDNA template was loaded in each well of a 96-well plate. All PCR reactions were performed in duplicate. PCR was performed with thermal conditions as follows: 95°C for 10 min, followed by

40 cycles of 95°C for 15 s and 60°C for 45 s. A dissociation melt curve analysis was performed to verify the specificity of the PCR products. 18S primers were used to amplify the endogenous control product. Our group has established that 18S is a suitable house-keeping gene for real-time PCR when examining adipose tissue gene expression. In the present study, 18S CTs were not different between fat depots or groups of animals. mRNA expression values are presented as $2^{\Delta CT}$ whereby $\Delta CT = 18S \text{ CT} - \text{gene of interest CT}$ (32). mRNA levels were normalized to white adipose tissue in the young group of rats, which was always set at 1.

Histology assessments

Formalin-fixed adipose tissue samples were processed through paraffin embedment, sectioned at five microns, stained with hematoxylin and eosin for morphometric determinations. Sections were examined using an Olympus BX60 photomicroscope (Olympus, Melville, NY) and photographed at 10x magnification using with a Spot Insight digital camera (Diagnostic Instruments, Inc., Sterling Heights, MI). Adipocyte diameter measurements were performed using Image Pro imaging software (MediaCybernetics Inc., Bethesda, MD, USA) as recently described (16).

Electron Microscopy

All reagents were purchased from Electron Microscopy Sciences (Hatfield, PA) unless otherwise stated. Primary fixation of adipose tissue (1 mm³) was performed immediately post-harvest in 2% paraformaldehyde, 2% glutaraldehyde, in 100 mM sodium cacodylate pH 7.35. Samples were then post-fixed using 1 % osmium tetroxide in 100 mM sodium cacodylate, pH 7.35. Next, a graded dehydration series was performed using ethanol. Dehydrated tissues were then embedded in Epon/Spurr's resin. Sections were cut to a thickness of 85 nm using an ultramicrotome (Ultracut UCT, Leica Microsystems, Germany) and a diamond knife (Diatome,

Hatfield, PA). These sections were stained using Sato's triple lead solution stain (41) and 5% aqueous uranyl acetate. Images were acquired on the JEOL JEM 1400 transmission electron microscope (JEOL, Peabody, MA) at 80 kV at the Electron Microscopy Core Facility, University of Missouri.

Functional assessment of isolated aortic rings

The thoracic aortas were harvested, trimmed of fat and connective tissue, and sectioned into 2 mm rings in cold Krebs. Rings were then mounted on wire feet connected to isometric force transducers and submerged in 20mL baths containing physiological Krebs solution maintained at 37°C for 1 hour to allow for equilibration. Aortic rings were stretched to optimal length which ranged from 130 to 140% of passive diameter. Aortic vasomotor function was investigated with cumulative concentration-response curves of acetylcholine, an endothelium-dependent dilator (ACh, 10^{-10} to 10^{-4} M) and sodium-nitro-prusside, an endothelium-independent dilator (SNP, 10^{-10} to 10^{-4} M). A submaximal concentration of phenylephrine (3×10^{-7} M) was used to precontract all vessels prior to ACh and SNP relaxation curves. The contribution of nitric oxide in mediating ACh-induced relaxation was assessed by incubating the rings with L-NG-Nitro-L-arginine (L-NAME, a NOS inhibitor, 300 μ M, 20 minutes), respectively. Relaxation at each concentration was measured and expressed as percent maximum relaxation, where 100% is equivalent to loss of all tension developed in response to phenylephrine (4).

Statistical analysis

Between-group differences for all descriptive variables were determined by using an independent *t*-test. Concentration-response curves from vasomotor function experiments were analyzed using a 2 X 6 (group X concentration) mixed design, repeated-measures ANOVA. In addition, 2 X 4 (group X fat depot) mixed design, repeated-measures ANOVAs were used to

evaluate the effects of group and fat depot on adipose tissue gene expression. When a significant group by fat depot interaction was found, simple effects were evaluated. All data are presented as mean \pm standard error (SE). For all statistical tests, the alpha level was set at 0.05.

RESULTS

The significant increases in body weight, percent body fat, and epididymal fat weight induced by aging (all $p < 0.05$) are presented in Table 2. In addition, plasma levels of total cholesterol, low density lipoprotein (LDL), high density lipoprotein (HDL), LDL:HDL ratio, non-esterified fatty acids, triglycerides, insulin, but not fasting glucose, were significantly higher in older adult compared to the young rats (Table 2; $p < 0.05$). Homeostasis model assessment (HOMA) of insulin resistance index was also higher ($p < 0.05$) in older compared to young rats (Table 2). Plasma cytokine levels are presented in Table 2. Leptin and MCP-1 were significantly higher ($p < 0.05$) in older than young rats. As shown in Figure 1, endothelium-dependent dilation of the aorta was blunted in older rats compared to young rats. This difference was abolished when aortic rings were treated with L-NAME, a nitric oxide synthase inhibitor. Endothelium-independent dilation was similar between groups.

Figures 2 and 3 illustrate representative photographs obtained via histology and electron microscopy, respectively, of epididymal white adipose tissue, subscapular brown adipose tissue, abdominal PVAT, and thoracic PVAT in young and older adult rats. Structural similarity can be appreciated between visceral white and abdominal PVAT and between subscapular brown and thoracic PVAT. In addition, older adult rats exhibited increased adipocyte diameter in abdominal PVAT (young= $55.5 \pm 3.9 \mu\text{m}$ vs. older= $108.1 \pm 5.8 \mu\text{m}$; $p < 0.05$) and epididymal adipose tissue (young= $83.4 \pm 5.8 \mu\text{m}$ vs. older= $161.6 \pm 12.6 \mu\text{m}$; $p < 0.05$) as well as increased lipid deposition in thoracic PVAT and brown adipose tissue. The increased adipocyte size in

epididymal fat with aging resulted in greater fat mass. Similarly, increased adipocyte size in abdominal PVAT also appeared to result in greater fat mass; however, PVAT mass was visually inspected and not objectively measured. Electron microscopy data revealed that PVAT surrounding thoracic aortas was composed of multilocular brown adipocytes and abundant mitochondria whereas adipocytes surrounding abdominal aortas were primarily unilocular thus resembling white adipose tissue.

Figures 4 to 7 summarize the results on adipose tissue gene expression. As shown, a group by fat depot interaction was found for leptin and leptin receptor (OB-Rb) ($p < 0.05$). Main effects of group were observed for leptin and CD11c where greater gene expression was found in older than young rats ($p < 0.05$). Main effects of fat depot ($p < 0.05$) were observed for leptin, TNF- α , MCP-1, IL-6, IL-10, IL-18, interleukin 1 receptor antagonist (IL1-RA), adiponectin, OB-Rb, tumor necrosis factor receptor 1 (TNFR1), TNFR2, interleukin 6 receptor (IL-6R), F4/80, CD11c, forkhead box P3 (FoxP3), PPAR- γ , and UCP-1 (Figures 4-7). Figure 8 depicts the differences in leptin mRNA between groups within each fat depot.

DISCUSSION

The purpose of this study was to perform a direct detailed comparison between PVAT depots surrounding different regions of the rat aorta using visceral white and subscapular brown adipose as reference tissues. We found that expression of inflammatory genes and markers of immune cell infiltration were greater in abdominal PVAT than in thoracic PVAT, and that overall, abdominal and thoracic PVATs resembled the phenotype of white and brown adipose tissues, respectively. Examination of the tissue with standard histology and electron microscopy indicated structural similarity between white and abdominal PVAT and between brown and thoracic PVAT. Examination of differences between groups indicated age-related increases in

adipocyte size in white and abdominal PVAT and lipid deposition in brown and thoracic PVAT. These effects were largely independent of age-related changes in gene expression in these depots, with the notable exceptions of leptin (a potent pro-inflammatory adipokine) and CD11c (a marker of pro-inflammatory macrophages) in which mRNA expression was elevated with aging.

Understanding the factors responsible for the heterogeneous distribution of atherosclerosis throughout the arterial tree is an area of intense investigation. A factor that has received extensive attention as a local regulator of vascular cell phenotype is shear stress (5, 22, 48, 50, 52). Nonetheless, the observation that even arteries with similar structure and presumably exposed to comparable hemodynamic forces exhibit distinct vascular phenotypes (2, 42) suggests the idea that other local factors besides shear stress influence the regulation of vascular health. A putative candidate is PVAT. Indeed, because it is recognized that adipose tissue adjacent to the vessel wall of large conduit arteries is implicated in the pathogenesis of vascular disease through the local secretion of pro-inflammatory cytokines (6, 8, 13, 14, 28, 34, 35, 45), it is possible that phenotypic differences in local PVAT depots may contribute to differences in disease susceptibility among arteries and even regions within an artery. The role of PVAT in modulating vascular cell phenotype is supported by data indicating that atherosclerotic lesions primarily develop in arteries encased by PVAT (15), and studies reporting a relationship between PVAT volume and the severity of vascular disease (14, 17). *In vitro* experiments also indicate that the detrimental effect of PVAT on vascular function is markedly exacerbated in obese swine with the metabolic syndrome (34). Other studies have also documented similar effects of PVAT from obese rodents on vascular function in aortic (25) and mesenteric arteries (18, 26). With the increasing evidence that PVAT plays an important role in

the modulation of vascular disease susceptibility, the need to further understand the extent to which the phenotype of PVAT varies along the arterial wall appears fundamental.

Herein we provide evidence that thoracic and abdominal PVAT display striking differences in their phenotype, thus suggesting that they differ markedly in their potential to modulate the health of the underlying vascular cells. In particular, at the structural level (Figures 2 and 3) we found that PVAT surrounding thoracic aortas was composed of multilocular brown adipocytes and abundant mitochondria whereas adipocytes surrounding abdominal aortas were primarily unilocular thus resembling white adipose tissue. Our observations using electron microscopy confirm the findings by Police et al. (37) using histological measures in a mouse model. At the molecular level (Figures 4 to 7), we found that expression of inflammatory genes including leptin, TNF- α , MCP-1, IL-6, IL-18, OB-Rb, TNFR2, IL-6R, as well as markers of immune cell infiltration such as F4/80, CD11c, and FoxP3, were greater in abdominal PVAT than thoracic PVAT. As expected, expression of anti-inflammatory genes such as IL-10 and IL1-RA that typically track with changes in inflammation were also elevated in abdominal PVAT. Notably, the magnitude of these between-PVAT differences in gene expression was similar to those observed when comparing epididymal white versus subscapular brown adipose tissues. Furthermore, we found that expression of UCP-1 mRNA, a marker of brown adipose tissue, was greatly increased in thoracic PVAT and subscapular brown adipose tissue, but not in abdominal PVAT and epididymal white adipose tissue. Together, these data provide strong evidence that abdominal and thoracic PVAT depots exhibit divergent phenotypic features distinguished by their similarity with white and brown adipose tissues, respectively.

Another important question that we addressed in the present study was whether differences among fat depots were modulated with sedentary aging and the associated

comorbidities such as increased adiposity. This was accomplished by studying young adult and older adult rats exposed to standard laboratory conditions; that is, an environment characterized by inactivity and continuous access to food (27). These conditions, although routine standard of care for laboratory animals, have been described by others as “metabolically morbid” (27). Hence, we mimicked the natural progression of obesity that occurs during adulthood in western cultures. Relative to the young rats, our older adult rats were markedly obese, hypercholesterolemic, insulin resistant, and exhibited increased circulating levels of cytokines such as leptin and MCP-1 (Table 2), as well as impaired aortic endothelium-dependent relaxation (Figure 1). Older obese rats also exhibited increased adipocyte size in abdominal PVAT and visceral white adipose tissue as well as increased lipid deposition in thoracic PVAT and brown adipose tissue (Figures 2 and 3). Contrary to what would be expected in an obese dysregulated metabolic state, except for leptin and CD11c, adipose tissue expansion induced by sedentary aging was not accompanied by robust increases in expression of other inflammatory genes and/or markers of macrophage cell infiltration in all fat depots that we examined. It should be acknowledged here that this study was not intended to investigate adipose tissue inflammation in the traditional high-fat diet (HFD)-induced obesity model (11, 37), but rather to characterize adipose tissue depot differences in a model of normal aging. In fact, many studies that provide evidence of extensive inflammation in adipose tissue depots have used commercial HFDs which are high in saturated fatty acids; these fatty acids are known to directly induce an inflammatory adipose tissue phenotype (39). Thus, it appears that high-fat feeding may be more injurious to the adipose tissue than the obesity resulting from standard rodent housing conditions as used in the present study. Although our results generally do not indicate that the adipose tissue of the old rats is more inflamed than that of the young rats, we believe the differences in expression of

CD11c and leptin genes that are up-regulated in the older obese rat are important because that CD11c up-regulation in adipose tissue has been shown to be associated with the onset of insulin resistance (49), which we observe in this model.

The increased expression of leptin in older adult rats was particularly remarkable in thoracic PVAT and subscapular brown adipose tissue (Figure 8), suggesting that brown-like adipose tissue depots, like white fat, have the capacity to up-regulate expression of leptin in the obese state. Our finding of increased expression of leptin in adipose tissue is especially important in light of the vast amount of literature supporting a pro-atherogenic role of leptin when secreted in excess (i.e., hyperleptinemia) (1, 3, 9, 19-21, 33, 38, 43, 44, 51). It is possible that the thoracic aorta endothelial dysfunction observed in our group of older obese rats (Figure 1) was mediated, in part, by the increased adipose tissue expression and secretion of leptin into circulation. Indeed, plasma levels of leptin were ~5-fold higher in older adult rats compared to young (Table 2). Notably, we have recently shown that secretion of leptin from visceral adipose tissue correlates well with plasma levels of leptin (16). Furthermore, because sedentary aging induced a ~6-fold increase in thoracic PVAT leptin gene expression, it is also plausible that the blunted endothelial function in the thoracic aorta was locally mediated by enhanced leptin signaling from the adjacent PVAT. In this regard, there is direct evidence that implicates PVAT-derived leptin as a potential contributor to vascular dysfunction. Payne et al. (34) elegantly demonstrated that epicardial PVAT exacerbated endothelial dysfunction in arteries from swine with metabolic syndrome; however, PVAT-induced impairment of vascular function was reversed with a recombinant leptin antagonist.

Future experiments are needed to establish whether and/or the extent to which phenotypic differences in thoracic vs. abdominal PVAT contribute to differences in vascular phenotype

between these two regions of the aorta. In this context, functional studies *in vitro* should evaluate whether the presence or absence of thoracic vs. abdominal PVAT differentially alters the vasomotor responses to dilatory and constricting agents. In addition, further research is warranted to determine if advanced aging produces more robust changes in adipose tissue phenotype to those observed in the present study using adult rats. Finally, the influence of aging on adipose tissue immune cell inflammation should be assessed in future studies using comprehensive phenotyping through high sensitive techniques such as fluorescence activated cell sorting analysis.

Perspectives and significance

In summary, we provide evidence that expression of inflammatory genes and markers of immune cell infiltration are greater in abdominal PVAT than in thoracic PVAT, and that generally, abdominal and thoracic PVATs resemble the phenotype of white and brown adipose tissues, respectively. These findings are relevant when considering that in large animals and humans the abdominal aorta is more vulnerable to atherosclerosis than the thoracic aorta (10, 30, 36). While it is likely that differences in disease susceptibility between these two arterial regions are largely attributed to known differences in shear stress profiles (7, 30, 31, 36, 46, 47), the current data stimulate the hypothesis that phenotypic differences in PVAT depots may also contribute to the heterogeneous distribution of atherosclerosis throughout the aorta.

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Table 1. Forward and reverse primer sequences for quantitative real-time PCR

Primer sequence (5'→3')		
Gene	Forward	Reverse
18S	GCCGCTAGAGGTGAAATTCTTG	CATTCTTGGCAAATGCTTTCG
Leptin	GTGCTGAGAGGACTTTGTGGGCC	CCTTCGCTCCAGACTGTGGCAC
TNF-α	CCCAGAAAAGCAAGCAACCA	CCTCGGGCCAGTGTATGAGA
MCP-1	CTGTCTCAGCCAGATGCAGTTAA	AGCCGACTCATTGGGATCAT
IL-6	AGAGACTTCCAGCCAGTTGC	AGCCTCCGACTTGTGAAGTG
IL-10	CTGGCTCAGCACTGCTATGT	GCAGTTATTGTCACCCCGGA
IL-18	ACAGCCAACGAATCCCAGAC	ATAGGGTCACAGCCAGTCCT
IL1-RA	GAGGCTGATCATCCCGTGAG	GCCAGAGTGATCAGGCAGTT
Adiponectin	CAAGGCCGTTCTCTTCACCT	CCCCATACACTTGGAGCCAG
OB-Rb	GCAGCTATGGTCTCACTTCTTTTG	GGTTCCTGGGTGCTCTGA
TNFR1	TTGTAGGGATTCAGCTCCTGTC	CTCTTACAGGTGGCACGAAGTT
TNFR2	TGCAACAAGACTTCAGACACCGTG	AGGCATGTATGCAGATGGTTCCAG
IL-6R	AAGCAGGTCCAGCCACAATGTAG	CCAAGTACTTTGAGCCAACGAG
AdipoR1	GCAGACAAGAGCAGGAGTGT	ACTGTGGTGGCCTTGACAAA
F4/80	GCCATAGCCACCTTCCTGTT	ATAGCGCAAGCTGTCTGGTT
CD11c	CTGTCATCAGCAGCCACGA	ACTGTCCACACCGTTTCTCC
FoxP3	CTCCAGTACAGCCGGACAC	GGTTGGGCATCAGGTTCTTG
PPAR-γ	TGCTGCAGGCCCTGGAATC	AGCACCTTGGCGAACAGCTGG
UCP-1	CCGGTGGATGTGGTAAAAAC	CTCCAAGTCGCCTATGTGGT

Table 2. Body composition and plasma markers in young and older adult rats. Values are means \pm SE.

Variable	Young	Older	<i>P</i> value
Body weight (g)	363.2 \pm 12.5	756.0 \pm 42.6	<0.0001
Body fat (%)	10.4 \pm 0.9	34.5 \pm 3.1	<0.0001
Epididymal fat weight (g)	2.0 \pm 0.2	10.6 \pm 1.0	<0.0001
Epididymal fat weight/body weight	0.028 \pm 0.002	0.045 \pm 0.002	<0.0001
Epididymal fat weight (g) /tibia length (mm)	0.051 \pm 0.005	0.228 \pm 0.021	<0.0001
Total cholesterol (mg/dL)	58.7 \pm 6.3	112.2 \pm 7.5	0.0003
LDL (mg/dL)	22.3 \pm 2.6	45.5	0.006
HDL (mg/dL)	23.3 \pm 1.9	32.2 \pm 1.2	0.003
LDL/HDL	0.9 \pm 0.1	1.4 \pm 0.2	0.035
Triglycerides (mg/dL)	65.3 \pm 16.2	172.3 \pm 27.2	0.007
NEFA (mmol/L)	0.64 \pm 0.1	0.95 \pm 0.1	0.049
Insulin (ng/mL)	2.4 \pm 0.2	4.8 \pm 0.1	<0.0001
Glucose (mg/dL)	163.3 \pm 9.8	146.8 \pm 6.0	0.182
HOMA-IR index	0.9 \pm 0.1	1.7 \pm 0.1	0.001
Leptin (pg/mL)	7038 \pm 2101	33279 \pm 5280	0.0009
TNF- α (pg/mL)	0.9 \pm 0.3	1.4 \pm 0.6	0.409
MCP-1 (pg/mL)	21.2 \pm 2.5	32.7 \pm 4.0	0.042
IL-6 (pg/mL)	27.0 \pm 7.2	37.8 \pm 8.6	0.359

Abbreviations: LDL, low density lipoprotein; HDL, high density lipoprotein; NEFA; non-esterified fatty acids; HOMA-IR, homeostasis model assessment of insulin resistance; TNF- α ; tumor necrosis factor alpha; MCP-1; monocyte chemotactic protein-1; IL-6, interleukin 6.

FIGURE LEGENDS

Figure 1. Vasomotor function of thoracic aortic rings in young and older adult rats. Values are means \pm SE. ACh, acetylcholine; L-NAME, L-NG-Nitro-L-arginine; SNP, sodium-nitroprusside. *Significant main effect of group ($p < 0.05$).

Figure 2. Representative histology photographs of epididymal white adipose tissue, subscapular brown adipose tissue, abdominal PVAT, and thoracic PVAT in young and older adult rats. Pictures were captured at 10x magnification. AT, adipose tissue; PVAT, perivascular adipose tissue.

Figure 3. Representative electron microscopy photographs of epididymal white adipose tissue, subscapular brown adipose tissue, abdominal PVAT, and thoracic PVAT in young and older adult rats. Pictures were captured at 500x magnification. AT, adipose tissue; PVAT, perivascular adipose tissue.

Figure 4. Effects of adipose tissue depots on expression of inflammation-related genes in young and older adult rats. Values are means \pm SE. WAT in the young group of rats is used as the reference tissue and set at 1. TNF- α , tumor necrosis factor alpha; MCP-1, monocyte chemotactic protein-1; IL-6, interleukin 6; IL-10, interleukin 10; IL-18, interleukin 18; IL1-RA, interleukin 1 receptor antagonist; Adipo, adiponectin; WAT, epididymal white adipose tissue; BAT, subscapular brown adipose tissue; Abd PVAT, abdominal perivascular adipose tissue; Thor PVAT, thoracic perivascular adipose tissue; D, fat depot main effect; G, group main effect; DxG, fat depot by group interaction effect; a, significantly different ($p < 0.05$) from WAT; b, significantly different ($p < 0.05$) from BAT; c, significantly different ($p < 0.05$) from Abd PVAT; d, significantly different ($p < 0.05$) from Thor PVAT.

Figure 5. Effects of adipose tissue depots on expression of inflammatory receptor-related genes in young and older adult rats. Values are means \pm SE. WAT in the young group of rats is used as the reference tissue and set at 1. OB-Rb, leptin receptor; TNFR1, tumor necrosis factor receptor 1; TNFR2, tumor necrosis factor receptor 2; IL-6R, interleukin 6 receptor; AdipoR1, adiponectin receptor 1; WAT, epididymal white adipose tissue; BAT, subscapular brown adipose tissue; Abd PVAT, abdominal perivascular adipose tissue; Thor PVAT, thoracic perivascular adipose tissue; D, fat depot main effect; G, group main effect; DxG, fat depot by group interaction effect; a, significantly different ($p < 0.05$) from WAT; b, significantly different ($p < 0.05$) from BAT; c, significantly different ($p < 0.05$) from Abd PVAT; d, significantly different ($p < 0.05$) from Thor PVAT.

Figure 6. Effects of adipose tissue depots on expression of immune cell infiltration-related genes in young and older adult rats. Values are means \pm SE. WAT in the young group of rats is used as the reference tissue and set at 1. FoxP3, forkhead box P3; WAT, epididymal white adipose tissue; BAT, subscapular brown adipose tissue; Abd PVAT, abdominal perivascular adipose tissue; Thor PVAT, thoracic perivascular adipose tissue; D, fat depot main effect; G, group main effect; DxG, fat depot by group interaction effect; a, significantly different ($p < 0.05$) from WAT; b, significantly different ($p < 0.05$) from BAT; c, significantly different ($p < 0.05$) from Abd PVAT; d, significantly different ($p < 0.05$) from Thor PVAT.

Figure 7. Effects of adipose tissue depots on expression of PPAR- γ and UCP-1 in young and older adult rats. Values are means \pm SE. WAT in the young group of rats is used as the reference tissue and set at 1. PPAR- γ , peroxisome proliferator-activated receptor gamma; UCP-1, uncoupling protein 1; WAT, epididymal white adipose tissue; BAT, subscapular brown adipose tissue; Abd PVAT, abdominal perivascular adipose tissue; Thor PVAT, thoracic perivascular adipose tissue; D, fat depot main effect; G, group main effect; DxG, fat depot by group interaction effect; a, significantly different ($p < 0.05$) from WAT; b, significantly different ($p < 0.05$) from BAT; c, significantly different ($p < 0.05$) from Abd PVAT; d, significantly different ($p < 0.05$) from Thor PVAT.

Figure 8. Effects of aging on leptin gene expression across all adipose tissue depots. Values are means \pm SE. Data are expressed as fold difference from young rats (i.e. dotted line) within each fat depot. WAT, epididymal white adipose tissue; BAT, subscapular brown adipose tissue; Abd PVAT, abdominal perivascular adipose tissue; Thor PVAT, thoracic perivascular adipose tissue. *Older rats significantly different ($p < 0.05$) from young.

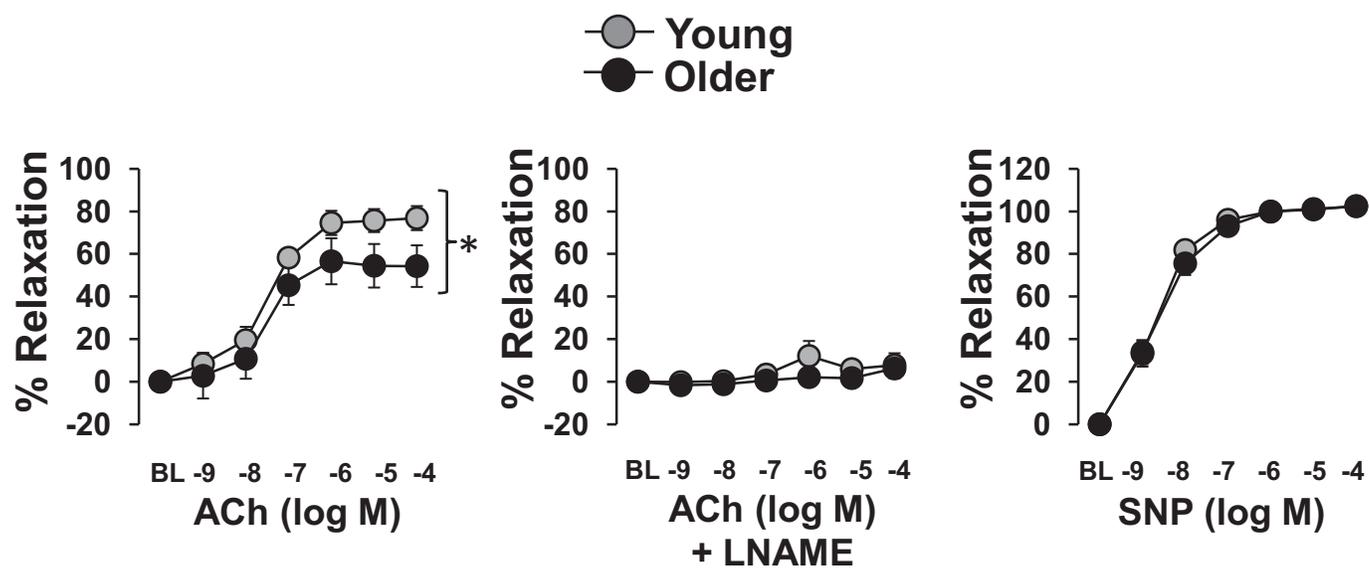


Figure 1

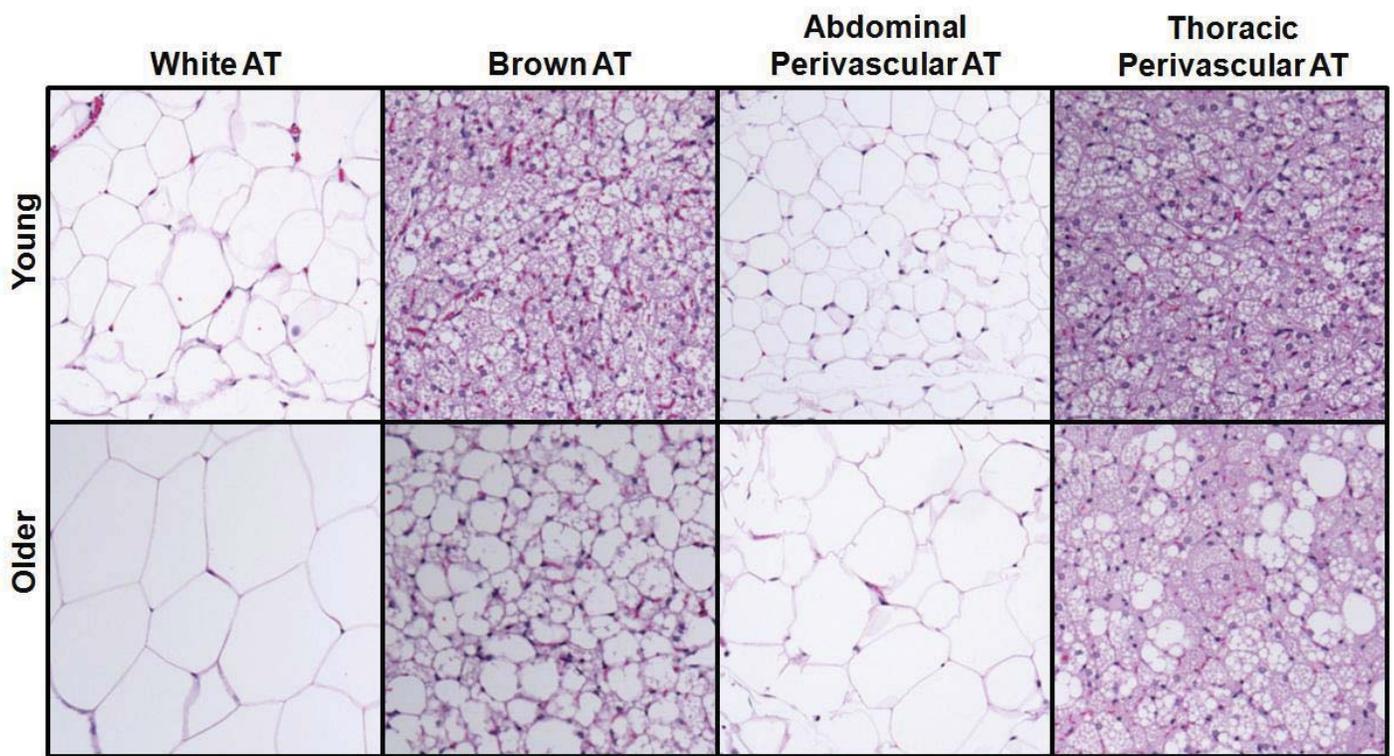


Figure 2

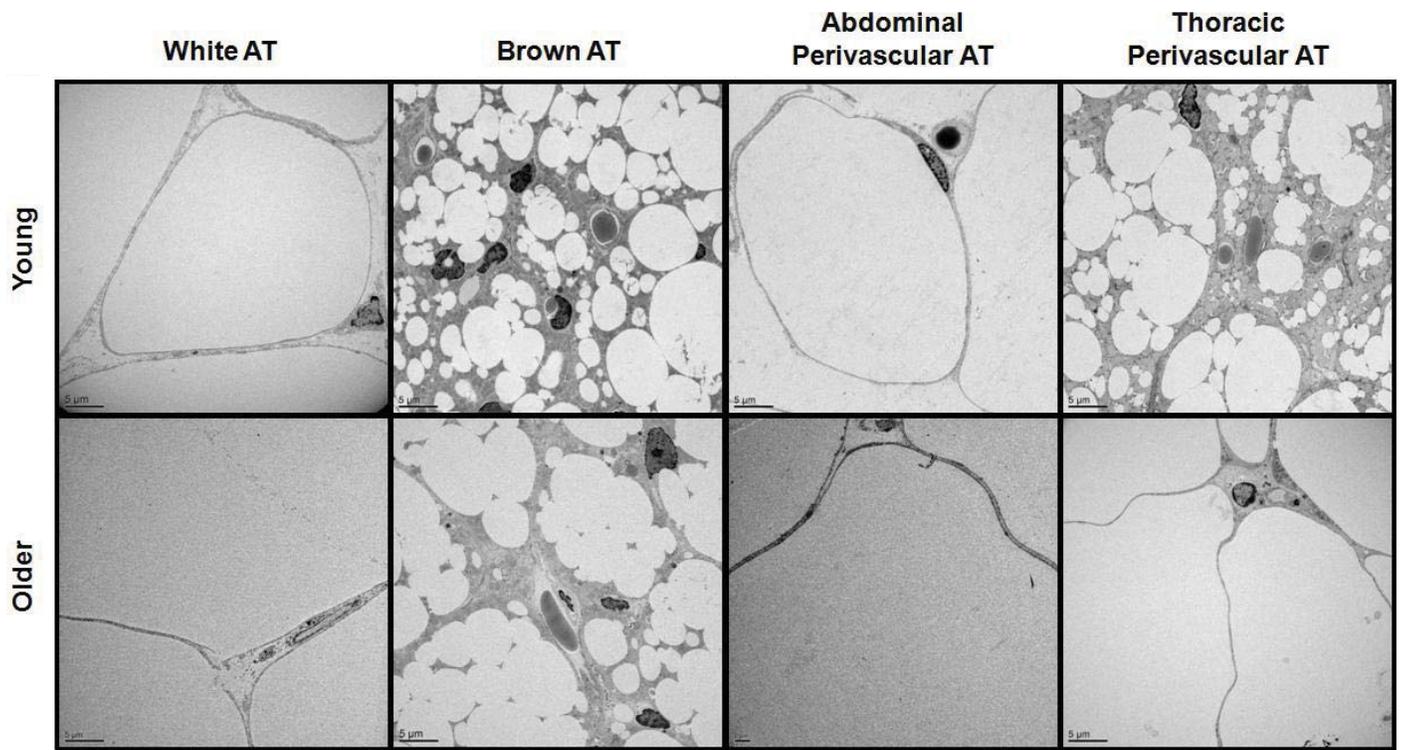


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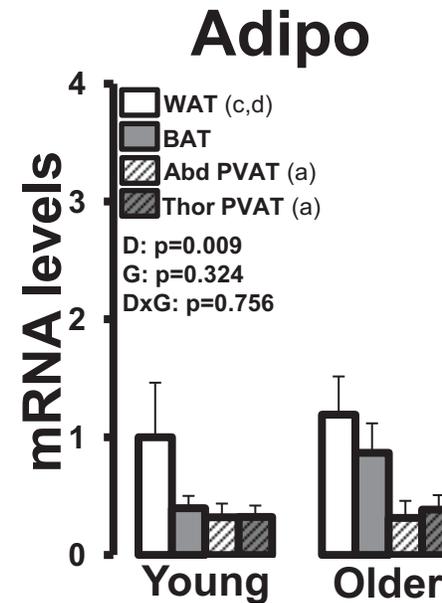
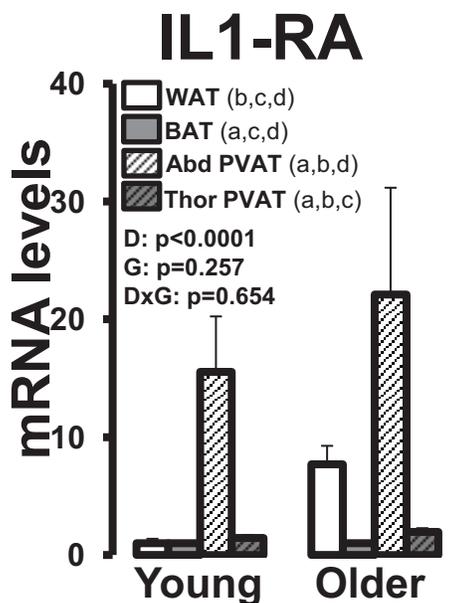
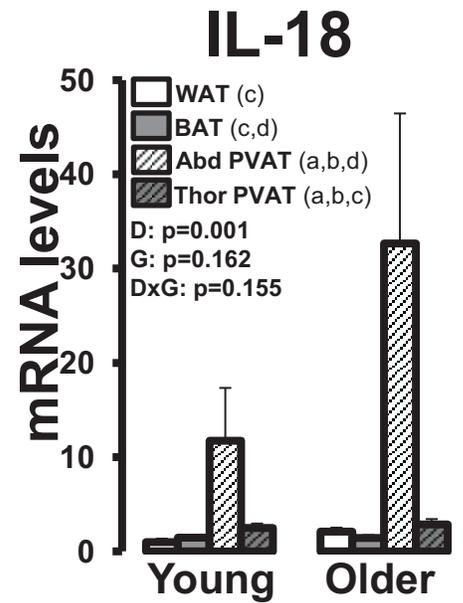
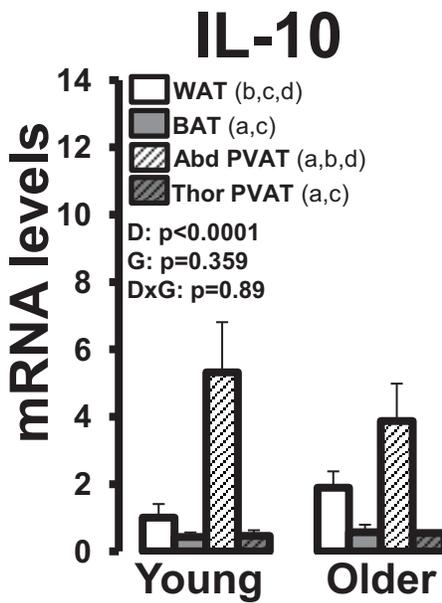
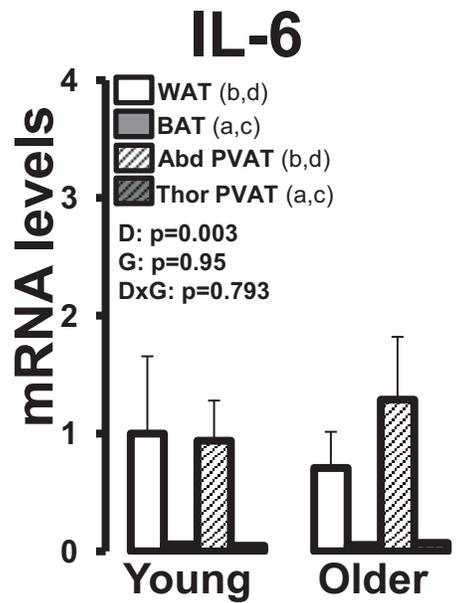
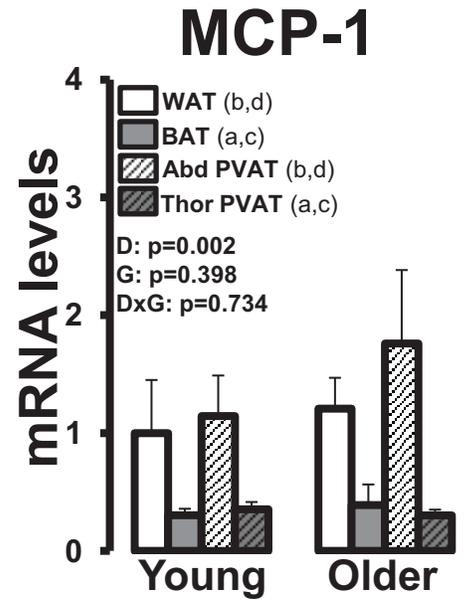
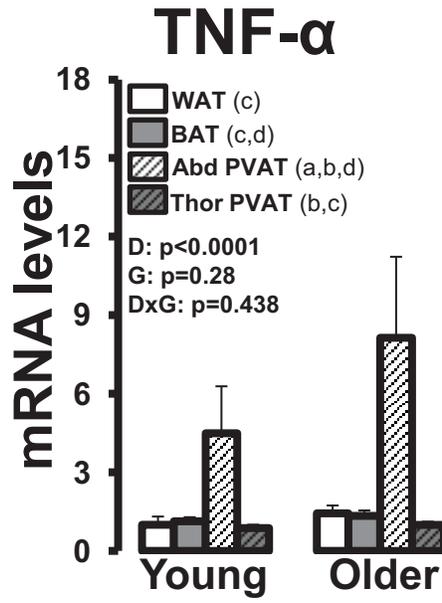
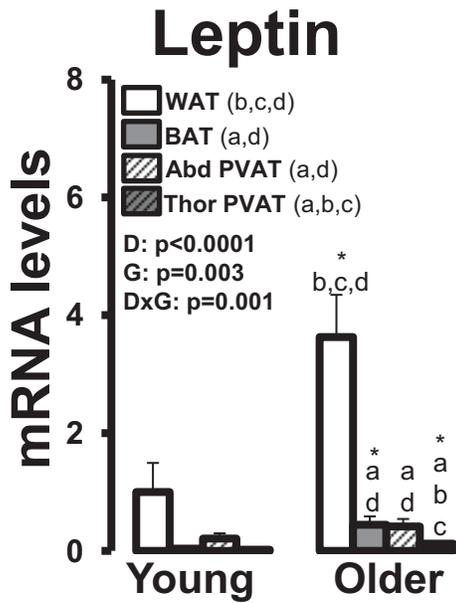


Figure 4

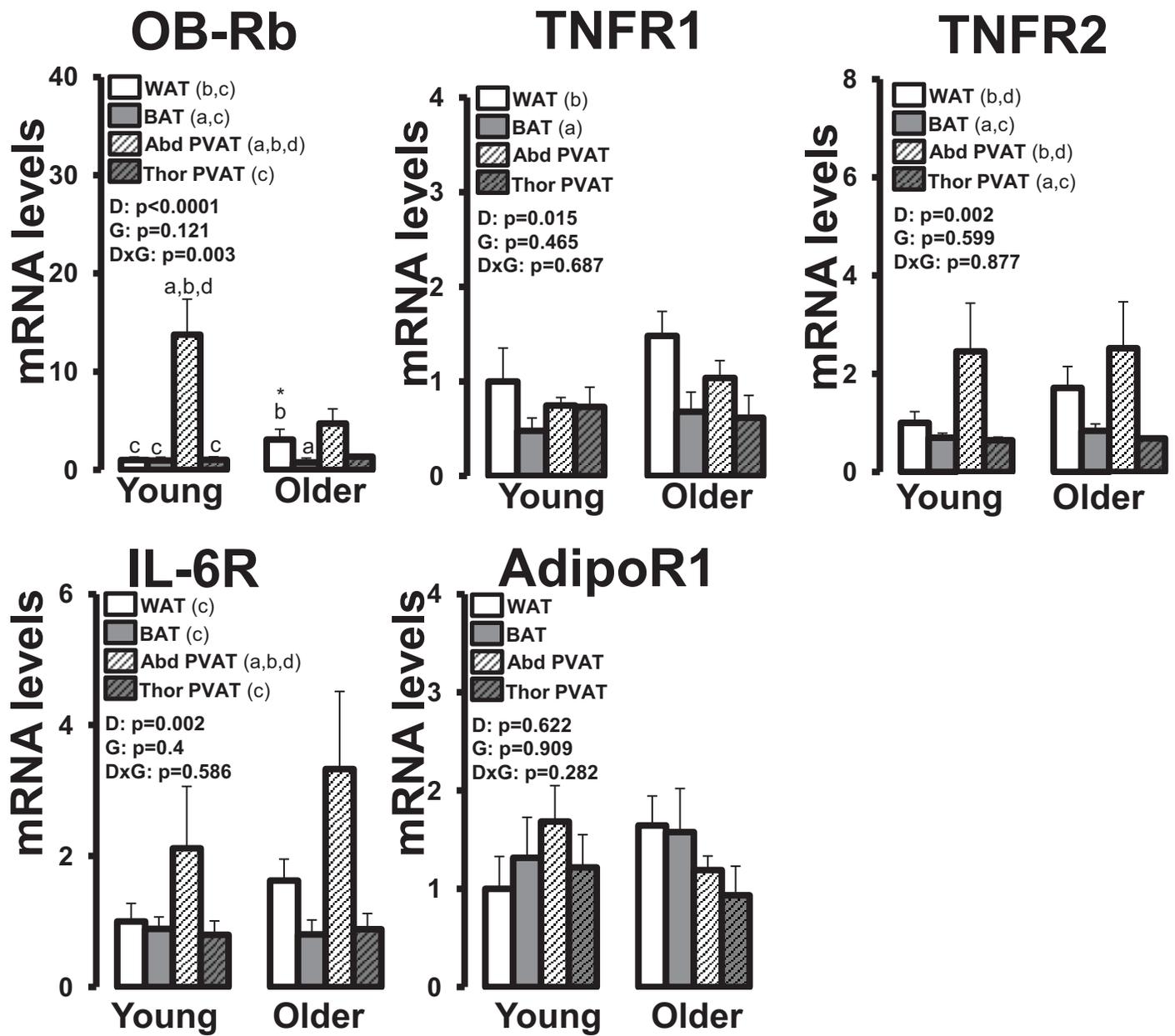
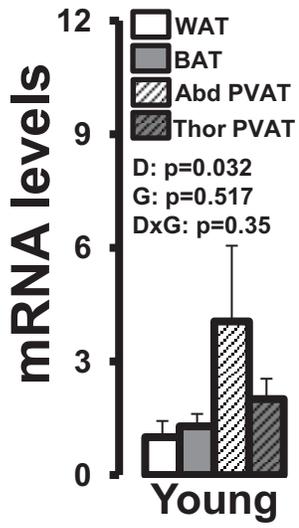
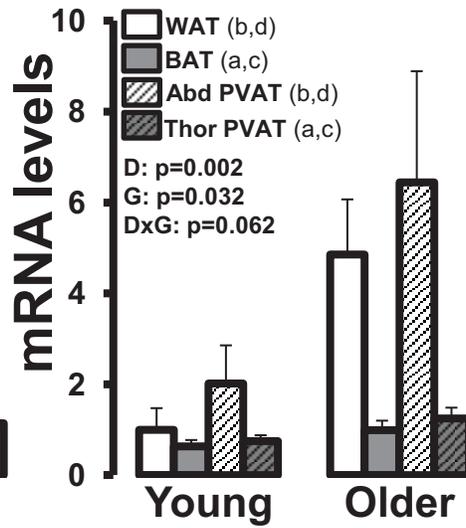


Figure 5

F4/80



CD11c



FoxP3

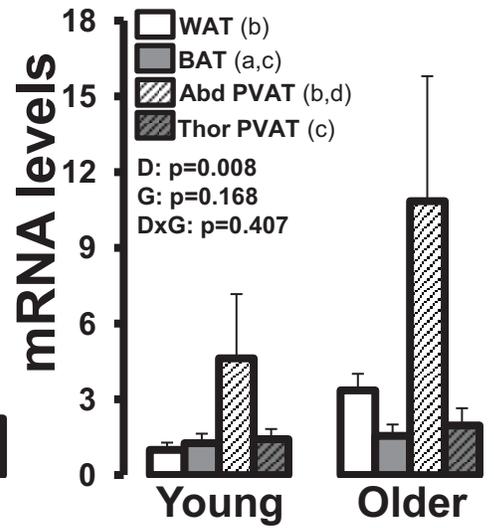
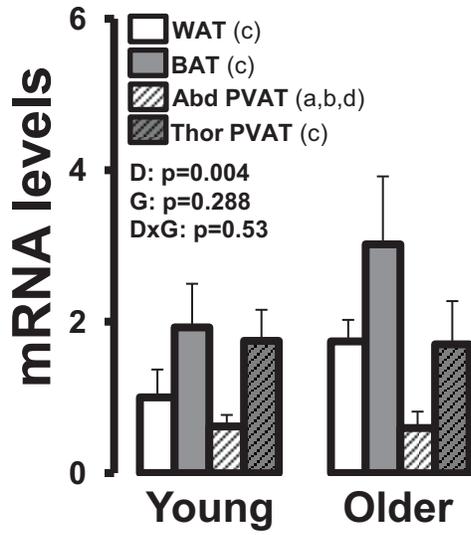


Figure 6

PPAR- γ



UCP-1

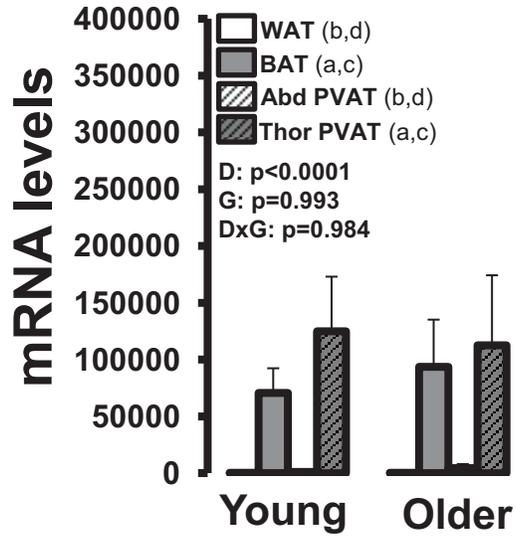


Figure 7

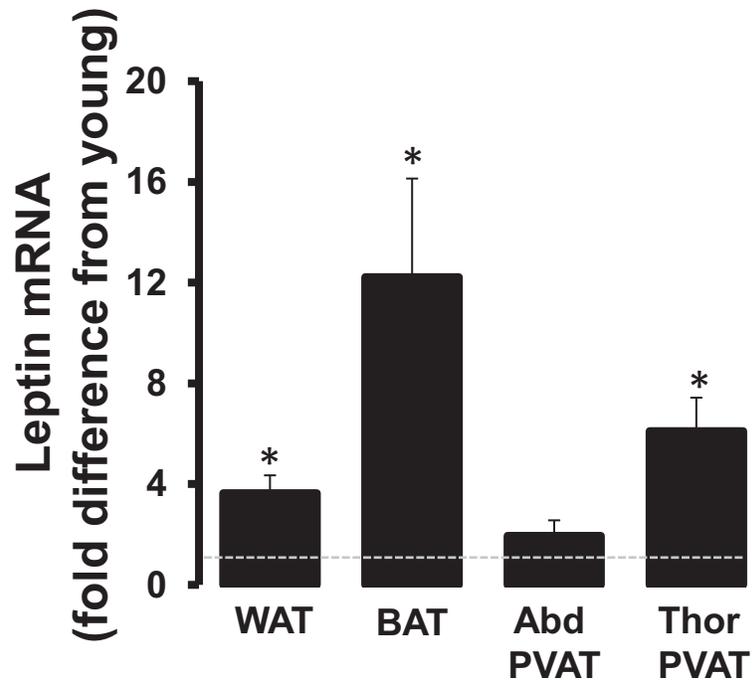


Figure 8